Our theme for the month will be Nutrition. We will talk about the different food groups: fruits, vegetables, meat, dairy and grains and emphasize that sweets are not always good for you. We will be doing two food related projects: On March 12th we will be making soft Pretzels and then on March 26th we will be making Fruit Salad (We hope each family will contribute ingredients for this project. We will have a sign-up sheet on the classroom clip board the week prior)

We will also talk about the importance of exercising every day. We hope the weather will warm up enough so we can spend more time outdoors everyday, either playing in the backyard, going for walks around campus, or visiting “The Alligator Park” (a little grassy area behind the P.E. Building). We will continue to have Gym day on Weds.

We will also be learning about the color GREEN. We will have GREEN DAY on Tuesday March 17th so wear something GREEN on that day. We will have our traditional snack of green cookies and green milk on this day.

**PICTURE DAY**

*Wednesday March 11th.* We will be taking individual and class pictures on this day. If you want your child dressed-up, bring them to school in what they will wear for the picture and we can change them afterward (bring in an extra set of clothes). More information and an order form was included with your tuition bill this month. Gym day will be moved to FRIDAY March 13th.

Kathy, Tanisha