



Sample action verbs for creating your resume using STAR

When you built or created something...

Acted, Adapted, Authored, Brainstormed, Combined, Composed, Conceptualized, Condensed, Crafted, Created, Customized, Designed, Developed, Devised, Directed, Displayed, Drafted, Edited, Entertained, Established, Fashioned, Formulated, Founded, Generated, Illustrated, Improvised, Initiated, Instituted, Integrated, Introduced, Innovated, Invented, Modeled, Modified, Originated, Outlined, Painted, Performed, Photographed, Planned, Published, Revised, Revitalized, Scripted, Shaped, Sketched, Storyboarded, Structured, Visualized, Wrote

When you did research or figured things out...

Analyzed, Assembled, Assessed, Categorized, Clarified, Collected, Compiled, Compared, Conducted, Critiqued, Derived, Detected, Determined, Diagnosed, Discovered, Documented, Evaluated, Examined, Experimented, Explored, Extracted, Formulated, Gathered, Hypothesized, Identified, Indexed, Inspected, Interpreted, Interviewed, Invented, Investigated, Located, Mapped, Measured, Monitored, Organized, Proved, Quantified, Recorded, Reported, Researched, Reviewed, Searched, Solved, Summarized, Surveyed, Synthesized, Systematized, Tested, Validated, Verified

When you led or managed something...

Accomplished, Accelerated, Administered, Advanced, Analyzed, Appointed, Approved, Assigned, Attained, Authorized, Built, Chaired, Championed, Clarified, Considered, Consolidated, Contracted, Controlled, Converted, Coordinated, Cultivated, Decided, Delegated, Developed, Directed, Eliminated, Emphasized, Enforced, Enhanced, Established, Executed, Fostered, Generated, Handled, Headed, Hired, Hosted, Implemented, Improved, Incorporated, Increased, Influenced, Initiated, Inspected, Instituted, Launched, Led, Managed, Mentored, Merged, Mobilized, Motivated, Navigated, Orchestrated, Organized, Originated, Overhauled, Oversaw, Piloted, Planned, Presided, Prioritized, Produced, Recommended, Reorganized, Replaced, Restored, Reviewed, Scheduled, Secured, Selected, Spearheaded, Streamlined, Strengthened, Supervised, Terminated, Unified

When you worked with numbers, money, or data...

Administered, Adjusted, Allocated, Analyzed, Appraised, Assessed, Audited, Balanced, Budgeted, Calculated, Charted, Computed, Compiled, Conserved, Controlled, Corrected, Decreased, Determined, Developed, Estimated, Evaluated, Expanded, Forecasted, Increased, Interpreted, Invested, Justified, Logged, Managed, Marketed, Maximized, Measured, Minimized, Netted, Planned, Prepared, Programmed, Projected, Qualified, Quantified, Reconciled, Reduced, Reported, Researched, Retrieved, Synthesized, Tracked



When you brought ideas to life creatively...

Acted, Adapted, Animated, Built, Choreographed, Combined, Composed, Conceptualized, Condensed, Created, Curated, Customized, Designed, Developed, Devised, Directed, Displayed, Drafted, Engineered, Entertained, Envisioned, Established, Fashioned, Formulated, Founded, Illustrated, Improvised, Initiated, Innovated, Modeled, Modified, Originated, Painted, Performed, Photographed, Planned, Produced, Revised, Revitalized, Scripted, Shaped, Sketched, Storyboarded, Styled, Transformed, Visualized

When you supported a project or team...

Adapted, Advocated, Aided, Answered, Arranged, Assessed, Assisted, Bolstered, Clarified, Coached, Collaborated, Co-created, Contributed, Cooperated, Coordinated, Counseled, Demonstrated, Delivered, Diagnosed, Educated, Encouraged, Ensured, Expedited, Facilitated, Familiarized, Fostered, Furthered, Guided, Helped, Insured, Intervened, Joined, Listened, Motivated, Partnered, Prevented, Promoted, Provided, Recommended, Referred, Reinforced, Rehabilitated, Represented, Resolved, Simplified, Supplied, Supported, Sustained, Volunteered

When you used technical or hands-on skills...

Adapted, Administered, Analyzed, Applied, Assembled, Automated, Built, Calculated, Computed, Conserved, Configured, Constructed, Converted, Debugged, Deployed, Designed, Determined, Developed, Engineered, Enhanced, Fabricated, Fortified, Generated, Implemented, Installed, Maintained, Monitored, Networked, Operated, Optimized, Overhauled, Printed, Programmed, Rectified, Regulated, Remodeled, Repaired, Replaced, Restored, Simulated, Solved, Specialized, Standardized, Studied, Supported, Tested, Troubleshoot, Upgraded, Utilized, Verified

When you taught, trained, or explained something...

Adapted, Advised, Advocated, Clarified, Coached, Communicated, Conducted, Coordinated, Cultivated, Critiqued, Demonstrated, Developed, Educated, Enabled, Empowered, Encouraged, Enlightened, Evaluated, Explained, Facilitated, Focused, Fostered, Guided, Informed, Inspired, Instructed, Introduced, Individualized, Installed, Modeled, Motivated, Persuaded, Prepared, Presented, Showed, Simulated, Stimulated, Strengthened, Taught, Tested, Trained, Transmitted, Tutored