



312-774-3332
www.handbcatering.com

Northeastern University Child Care Center

October 2025

Week 1 9/29-10/3	Monday	Tuesday	Wednesday	Thursday	Friday
Vegetarian Meal	Veggie Chicken	Veggie Pattie	Veggie Spaghetti	Veggie & Cheese Melts	Veggies Nuggets
Lunch	Chicken & Pasta, Veggies, Fruit	Salisbury Steak, Mashed Potatoes, Veggies, Fruit	Spaghetti & Meatballs, Veggies	Chicken Fajita, Rice, Fruit	Chicken Nuggets, Mac & Cheese, Veggies
Week 2 10/6-10/10	Monday	Tuesday	Wednesday	Thursday	Friday
Vegetarian Meal	Veggie Chicken Taco	Veggie Meatloaf	Veggie Thai Chicken	Beyond Chicken	Veggie Beef
Lunch	Tacos, Rice, Veggies	Meatloaf, Mashed Potato, Green Beans	Thai Curry Chicken, Rice, Mixed Veggies	Grilled Chicken, Garlic Butter Pasta, Veggies	Beef & Broccoli, Fried Rice, Fruit
Week 3 10/13-10/17	Monday	Tuesday	Wednesday	Thursday	Friday
Vegetarian Meal	Veggie Chicken with Gravy	Veggie Nuggets	Bosco Sticks	Veggie Chicken	Veggie Chicken Alfredo
Lunch	Turkey & Gravy, Mixed Greens, Corn Muffins	Popcorn Chicken, Mashed Potatoes, Veggies	Fish Sticks, Rice & Peas	Chicken Nuggets, Fries, Fruit	Chicken Alfredo, Broccoli, Mixed Fruit
Week 4 10/20-10/24	Monday	Tuesday	Wednesday	Thursday	Friday
Vegetarian Meal	Cheese Quesadilla	Veggie Stroganoff	Veggie Stir-fry	Veggie Chicken	Cheese Pizza
Lunch	Chicken Quesadilla, Yellow Rice, Veggies	Beef Stroganoff, Peas	Chicken & Vegetable Stir-fry, Fried Rice, Fruit	Baked Chicken, Mashed Potatoes, Mixed Vegetables	Pizza Bites, Potato Wedges, Fruit
Week 5 10/27-10/31	Monday	Tuesday	Wednesday	Thursday	Friday
Vegetarian Meal	Veggie Chicken Tenders	Veggie Beef Fajita	Grilled Cheese	Veggie Chicken Shawarma	Veggie Beef Shepards Pie
Lunch	Fried Chicken, Potatoes, Veggies	Beef Fajita, Rice, Veggies	Grilled Cheese, Veggies, Fruit	Chicken Shawarma, Rice, Veggies	Shepherd's Pie, Mixed fruit