

COUNSELOR EDUCATION STUDENT ASSOCIATION & CHI SIGMA IOTA NEWSLETTER

NORTHEASTERN ILLINOIS UNIVERSITY



The Counselor Education Student Association (CESA) is a chapter of the Illinois Counseling Association. Its mission is to "promote educational development, networking, and personal and professional growth among students and faculty of NEIU's Counselor Education program. If you are enrolled in Counselor Ed, you are automatically a member of CESA.

Chi Epsilon Sigma (CES) is NEIU's chapter of Chi Sigma Iota (CSI), the Counseling Education Honor Society. They are the group that brings you the mentorship program, workshops (like DPE test prep sessions, interviewing support, etc.) and social events. They also provide a student voice to faculty in the department, advocating for student needs.

INTERESTED IN JOINING CSI?

Qualifications

- Student has completed one full-time semester (or 9 credit hours) as of January 2023
- Student has an overall GPA in the counseling program of 3.5 or higher

Membership Benefits

- Eligible to run for NEIU's CSI/CESA board member positions
- Resources: Access to webinars, Journal of Leadership & Advocacy, Career Center and more
- Individual and chapter awards, scholarships, and grants available

Application

If you are interested and meet the qualifications, fill out this form (<https://tinyurl.com/applyforcsi> or use QR code) by Friday, February 24th, 2023.

If you meet the qualifications above AND apply by 2/24, you will then receive an official invitation to join.

Please save the date for our in-person initiation ceremony the evening of April 14.

Questions? Email Dr. Gilfillan, Primary Faculty Advisor (e-gilfillan@neiu.edu)



VIRTUAL PRACTICUM & INTERNSHIP WORKSHOP

Monday, February 20, 7:00pm-8:30pm

Zoom Link (can also scan QR code): tinyurl.com/rbndhf7j

Passcode: 180081

This optional workshop will cover interviewing skills and is intended to support students wherever they are in the interviewing process.

Questions?

Email Ashley, aefulton2@neiu.edu



VIRTUAL BROWN BAG WITH DR. CHEN

Friday, February 24, 6:00pm

Description: How to prevent burnout and enjoy the longevity of your career as a counselor.

The riddle lies in using your "Self" as the instrument in your sessions with clients. Come join Dr. Mei Chen in discussing the how-to of this practice.

Zoom Link (or scan QR Code):

<https://tinyurl.com/chenbrownbag>

Meeting ID: 830 8204 9510

Passcode: 611022



SIPS WITH CESA

Saturday, March 4, 7:00pm-9:00pm

Alarmist Brewing

4055 W Peterson Ave., Rear Suite

RSVP by 3/1 to Katy O'Hanlon Bruns
(kobruns@neiu.edu)

IMPORTANT DATES

February 1-April 1: Window to apply for August 2023 Graduation

February 24: Virtual Brown Bag with Dr. Chen, 6:00pm

April 14: CESA/CSI Initiation, In-Person (Time & Place coming soon!)