# NEIU | NORTHEASTERN ILLINOIS UNIVERSITY

## Psychology Department

Term: Fall | Issue: 39 | Date: October 30, 2026

## FALL SEMESTER 2026

Happy October, Psychology Students!

We hope you've been enjoying the Fall 2026 semester so far! In this edition of the newsletter, you will find important deadlines, dates, and news to stay on top of, a recap of some of our recent events, and upcoming events to put on your radar!

Make sure to register for the Spring 2027 semester and meet with an advisor! As a reminder, campus will be closed on Tuesday, Nov. 3rd in observance of General Election Day. Remember to embrace the challenge, seek help from those around you, and that we are over halfway through the semester!

### Q: GUESS THE CORE COMPETENCY...

(FIND THE CORRECT ANSWER IN THE PSYCHOLOGY CORE COMPETENCIES SECTION!)

- Challenge existing processes and propose alternatives without being constrained by established approaches or anticipated responses of others
- Employ your knowledge, skills, abilities, and sense of originality to solve problems
- Express a willingness to take risks to expose creative ideas in order to bring forward new work

# BREAKING NEWS!

## GRADUATION DEADLINES

It is not too late to apply for December 2026 and May 2027 graduation! The **December 2026 graduation application deadline** for undergraduates, 2nd bachelor's degree students AND master's degree students will be extended until: **DECEMBER 1, 2026.** The **May 2027 graduation application deadline** for undergraduates, 2nd bachelor's degree students AND master's degree students will be extended until: **MARCH 1, 2027.** Please note that the graduation evaluations office will not accept applications after these deadlines.

## COMPLY WITH THE IMMUNIZATION POLICY

**Open Clinic for free services!** All NEIU students are required to submit their immunization records to remain in compliance with the Student Immunization and Screening Policy. To learn more, visit neiu.edu/student-immunizations to review requirements and the full policy. **Beginning Oct. 19, 2026**, **an immunization hold *will* prevent class registration and may impact students' ability to make changes to their schedules, including withdrawing from classes.** If you have not completed your vaccinations and/or updated your immunization records, get started now.

## OPEN REGISTRATION FOR SPRING 2027

Open registration for Spring 2027 began on October 24th. See important dates and deadlines for Spring 2027 on the next page! Be sure to meet with an advisor for assistance and course planning. **Please see the advising flyer featured in our newsletter, hallways, and Instagram page to schedule an appointment with an advisor today!**

# SPRING 2027 REGISTRATION, DEADLINES, & DATES

## Registration Deadlines & Holidays
## Spring 2027

### Advance Registration

Spring Full Term
10/12-10/23

Spring First 8 Weeks
10/12-10/23

Spring Second 8 Weeks
10/12-10/23

### Open Registration

Spring Full Term
10/24- 01/25

Spring First 8 Weeks
10/24- 01/21

Spring Second 8 Weeks
10/24- 03/24

### Change of Registration

Spring Full Term
01/26-02/01

Spring First 8 Weeks
01/22-01/25

Spring Second 8 Weeks
03/25-03/28

These dates are subject to change

**UNIVERSITY CLOSED / NO CLASSES**

January 18
Martin Luther King Jr. Day

February 12
Lincoln's Birthday

March 15- March 21
Spring Break

## Refund Deadline Dates for Dropped Courses
## Spring 2027

### 100%
No Grade Issued

Spring Full Term
10/12-02/01

Spring First 8 Weeks
10/12-01/25

Spring Second 8 Weeks
10/12-03/28

### 50%
"W" Grade Issued

Spring Full Term
02/02-02/12

Spring First 8 Weeks
01/26-01/31

Spring Second 8 Weeks
03/29-04/04

### 25%
"W" Grade Issued

Spring Full Term
02/13-02/26

Spring First 8 Weeks
02/01-02/07

Spring Second 8 Weeks
04/05-04/11

### No Refund
"W" Grade Issued

Spring Full Term
02/27-03/26

Spring First 8 Weeks
02/08-02/19

Spring Second 8 Weeks
04/12-04/23

First Day of Spring Semester
Tuesday, January 19th

Last Day Of Spring Semester
MonSaturday, May 15th

# JOIN NEIU PSYCH ON CAMPUS GROUPS!

Have you downloaded CampusGroups yet? Student Leadership Development has launched NEIU Connects (powered by CampusGroups) as NEIU's central hub for campus engagement. Download the app today and scan the QR code below to stay up to date with all upcoming NEIU psychology department events!



# PSI CHI EVENT - RESEARCH ETHICS AND REALITY TV

Thank you to everyone who came to our Psi Chi event last week on extending research ethics to reality TV! Dr. Esposito faciliated the discussion, and the conversation was electric! It was wonderful to see the engagement and we hope to see you all at more Psi Chi events!



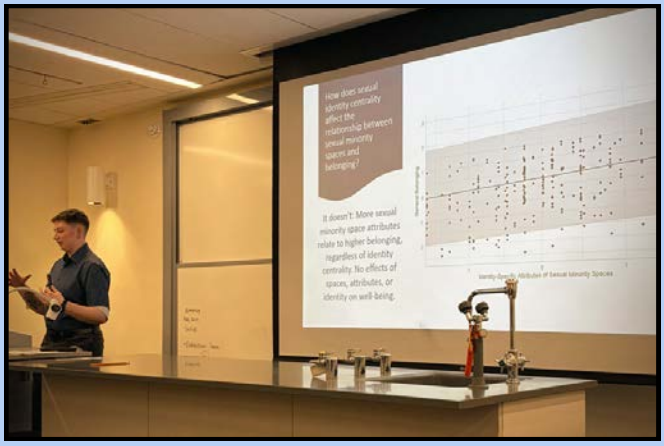






# DR. EMILY ESPOSITO'S FACULTY TALK

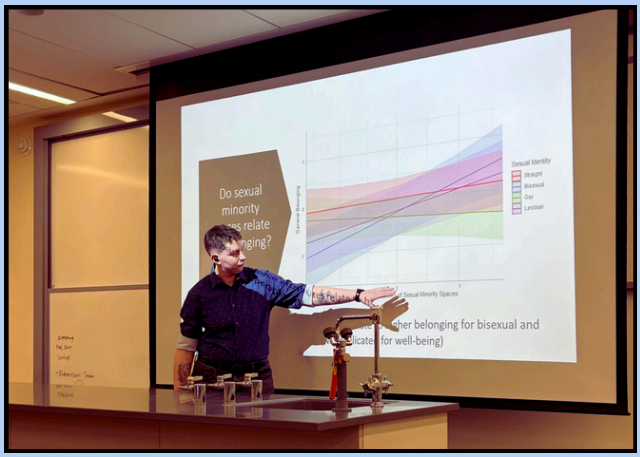
On October 20th, Dr. Emily Esposito gave a wonderful talk titled "Sexual Minority Spaces & Well-Being: Examining Across Identities." Thank you to all who came and we hope to see you at our upcoming faculty talks!

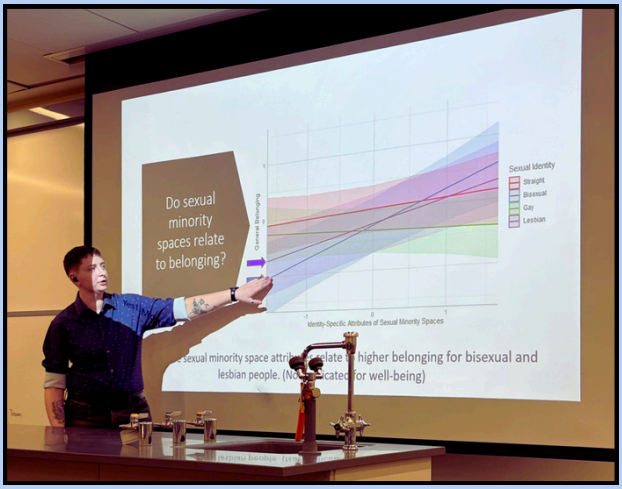











# FACULTY TALK - DR. STAN TREGER

NEIU | NORTHEASTERN ILLINOIS UNIVERSITY

## FACULTY TALK

## PSYCHOLOGY DEPARTMENT

***Maps, Money, and Meaning: Or, how I've come to learn that money isn't really about money at all***



**Dr. Stan Treger**
**Behavioral scientist at Northern Trust bank**

**Wednesday, November 11**
**10 to 11 am**
**BBH 102**

***All are welcome to attend!***

# HDSMA & BA+1 INFO SESSION

## Master of Arts in Human Developmental Science and BA + 1 Program

**INFO SESSION**



Curious about psychology across the human lifespan? Then the **Master of Arts in Human Developmental Science** is for you! If you're also interested in earning your master's degree while earning your bachelor's, then check out our a**ccelerated BA+1 program!**

Want to learn more? Join us for an information session on...

**Monday, 11/16, from 5-6 pm in BBH 311**

**WE HOPE TO SEE YOU THERE!**

**Can't make it in person? Scan the QR code to access the Zoom link:**
**https://neiu-edu.zoom.us/j/85090794983?pwd=bzRzb0ZvZkxkTjVpcGxVYzBESHpnZz09**

# JOIN THE NEIU CHAPTER OF PSI CHI!

PSI CHI
THE INTERNATIONAL HONOR SOCIETY IN PSYCHOLOGY

@

NEIU | NORTHEASTERN ILLINOIS UNIVERSITY

## Fact Sheet

Psi Chi at Northeastern Illinois University is the national honor society in psychology. Founded in 1929, Psi Chi is a member of the Association of College Honor Societies and a affiliate of the American Psychological Association and the American Psychological Society.

## Purpose of Psi Chi

The purpose of Psi Chi is to encourage, stimulate and maintain excellence in scholarship as well as advance the science of psychology. Psi Chi provides academic recognition for its members and offers local chapters that host programs related to the science of psychology, and provides fellowship and networking for Psi Chi members. At the national level, Psi Chi hosts national and regional conventions, sponsors research award competitions, and publishes journals and newsletters.

## Benefits of Joining Psi Chi

- You may gain membership and recognition by well-respected national organization.
- You are eligible to purchase Psi Chi honor society regalia (e.g., honor cords), which can be worn at the commencement ceremonies.
- You can access electronic copies of the journal, *Eye on Psi Chi*.
- Psi Chi provides great opportunities to network with psychology faculty, psychology graduate students, practitioners and other Psi Chi members.
- There are opportunities to receive recognition and in some cases financial support for your research in psychology.
- You may receive and submit your research for possible publications in the *Psi Chi Journal of Psychology*.
- You have the ability to participate in service projects sponsored by Psi Chi.
- You are entitled to attend educational and networking activities sponsored by your local Psi Chi chapter.
- Membership with Psi Chi may be listed on your resume or curriculum vitae.

## Membership Requirements

- The society is open to undergraduate and graduate students who are studying psychology as indicated by a declared psychology major or minor.
- The student must have completed three or more semesters of college courses.
- The student must have completed 9 credit hours of psychology courses.
- The student must have an overall GPA of 3.0 or higher.
- The student must have a Psychology GPA of 3.0 or higher.

## Contact

If you have any questions, contact Dr. Lisa Hollis-Sawyer (**l-hollissawyer@neiu.edu**), Faculty Advisor for NEIU Psi Chi chapter or check out the Psi Chi website at **https://www.psichi.org/**

# EXPRESS YOUR INTEREST IN PSYCH CLUB

## INTERESTED IN PSYCHOLOGY BEYOND THE CLASSROOM?

WE ARE LOOKING TO LAUNCH A PSYCHOLOGY CLUB WHERE STUDENTS CAN CONNECT, SHARE IDEAS, EXPLORE DIFFERENT AREAS OF PSYCHOLOGY, AND PARTICIPATE IN ENGAGING ACTIVITIES AND EVENTS.

WHETHER YOU ARE PASSIONATE ABOUT PSYCHOLOGY OR SIMPLY CURIOUS TO LEARN MORE, WE WOULD LOVE TO HAVE YOU INVOLVED!

JOIN US IN BUILDING A COMMUNITY OF PSYCHOLOGY MAJORS WHO LEARN, CONNECT, AND GROW TOGETHER.





SCAN THE QR CODE TO EXPRESS YOUR INTEREST AND GET YOU CONNECTED WITH FACULTY SPONSOR DR. HOLLIS-SAWYER!

# FALL 2026 PSYCH DEPT. TUTORING HOURS

## CONNOR MACMILLAN (PSYCHOLOGY CONTENT TUTOR)



**MONDAYS: 4:00PM-7:00PM**
**TUESDAYS: 3:30PM-6:30PM**
**WEDNESDAYS: 10:30AM-12:30PM**
**WEDNESDAYS: 1:30PM-5:30PM**
**THURSDAYS: 3:30PM-6:30PM**
**LOCATED IN ASC (4TH FLOOR OF THE LIBRARY)**

*APPOINTMENTS CAN BE MADE ONLINE OR IN-PERSON
- CALL (773) 442-4568 OR (773) 442-4492
- USE GOOGLE (NMAIL) CHAT TO CHAT WITH US BY TYPING IN "ACADEMIC SUPPORT CENTER"
- VISIT US IN THE RONALD WILLIAMS LIBRARY, 4TH FLOOR

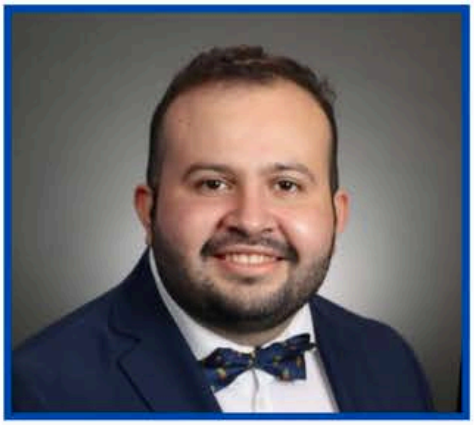
## ANABELLE JIMENEZ (LAB MANAGER/PSYC 200 PEER LEADER)



**TUESDAYS: 12:05PM-2:00PM**
**THURSDAYS: 12:05PM-2:00PM**
**LOCATED IN BBH 313A**

*APPOINTMENTS CAN BE IN-PERSON OR ONLINE
*CONTACT ANABELLE JIMENEZ WITH REASON FOR APPOINTMENT AT AJIMENEZ19@NEIU.EDU

## ALEJANDRO TREJO (PSYC 100 TEACHING ASSISTANT)



**PLEASE EMAIL ALEJANDRO AT A-TREJO9@NEIU.EDU TO SET UP AN APPOINTMENT.**

# FALL 2026 ADVISING SCHEDULE

## DEPARTMENT OF PSYCHOLOGY
## FALL 2026
## ADVISING SCHEDULE

### ONLINE:

| Advisor | Availability |
|---|---|
| Dr Farmer | Wed: 1:00 pm - 3:00pm<br>Thu: 4:00 pm - 6:00 pm |
| Dr Young | Tue: 12:00 pm - 2:00 pm |
| Dr Silverthorn | Tue: 4:00 pm - 5:00 pm<br>Fri: 9:00 am - 10:00 am |

SCAN TO BOOK!

https://calendar.google.com/calendar/u/0/appointments/schedules/AcZssZ3oN0ChGBwROgSMHDj2lbOM96f7EkuDaykx7MuZ-iT11IE0bQZY28frgr0yOlvOUuDsN0mbUrHl

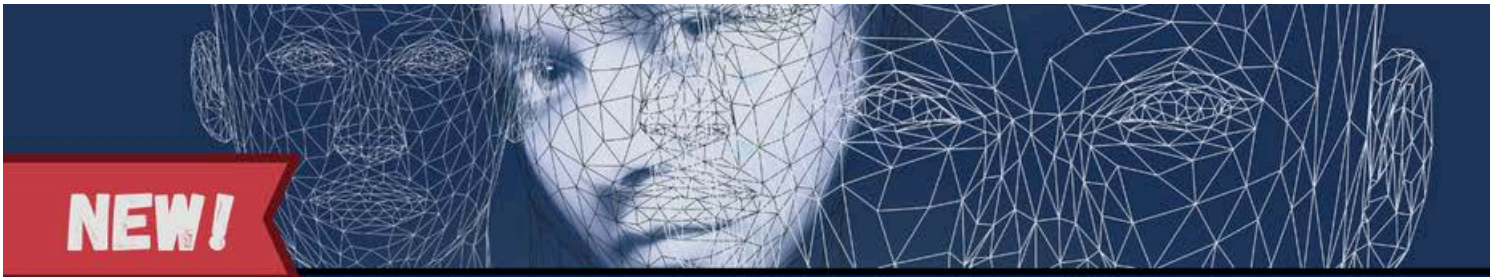
### In PERSON:

| Advisor | Availability | Location |
|---|---|---|
| Dr Silverthorn | Mon 2:15 pm -2:55 pm<br>Wed: 10:15 am - 10:55 am | BBH<br>307F |
| Dr Takahashi | Tue: 3:00pm - 3:40 pm<br>Thu: 3:00pm - 3:40 pm | BBH<br>307A |

SCAN TO BOOK!

https://calendar.google.com/calendar/u/0/appointments/schedules/AcZssZ0gQlDQH1PgGgK99Cr07Qy49fXkqK9KZY-cqlcKIv8iSGVrMZD_lFUQot5v3mlSGXMNhH17S7RR

# CHECK OUT OUR NEW PSYCH MINORS!



NEW!

## MINOR IN FORENSIC PSYCHOLOGY

**2 PSYC COURSES + 2 SOC COURSES + 2 JUST COURSES + 1 ELECTIVE**

**= 21 CREDIT HOURS**

- PSYC 200 General Psychology (4 credit hours)
- PSYC 329 Psychology of Criminal Behavior (3 credit hours)
- JUST 201 Intro to the Criminal Justice System (3 credit hours)
- JUST 312 Theories of Criminal Behavior (3 credit hours)
- SOC 304 Sociology of Law (3 credit hours)
- SOC 316 Race and Ethnic Relations (3 credit hours)
- 1 Elective in PSYC, SOC, or JUST (based on Advisor Approval) (3 credit hours)



**Careers with a Forensic Psych Minor:**

- Behavioral Health Technician (with PSYC major)
- Case Manager (PSYC, SOC)
- Community Outreach Coordinator (SOC)
- Correctional (PSYC, JUST, SOC)
- Court Clerk or Legal Assistant (JUST)
- Crime Analyst (SOC)
- Crime Scene Investigator (JUST)
- Diversity & Inclusion Specialist (SOC)
- Fraud Investigator (JUST)

Forensic psychology applies psychological principles and research to legal issues, assisting in criminal investigations, civil cases, and the judicial system, often involving assessments, expert testimony, and interventions. This minor is 21 credit hours and perfect for those who are interested in criminal justice, civil law, victimology, correctional, investigative, and police psychology.

**QUESTIONS? CONTACT L-CUEVAS@NEIU.EDU OR DEPTPSYC@NEIU.EDU TO SEND IN ANY QUESTIONS YOU MAY HAVE!**

# CHECK OUT OUR NEW PSYCH MINORS!



## NEW

# MINOR IN NEUROSCIENCE

## Only 3 PSYC and 3 BIO courses needed:

**PSYC 200: General Psychology**
**PSYC 202: Stats & Research Methods I**
**300-level elective:**
- **PSYC 350: Physiological Psychology**
- ***or* PSYC 371: Neuropsychology**

**BIO 201: General Biology I**
**BIO 301: Cell Biology ***
**300-level elective:**
- **BIO 365: Neurobiology**
- ***or* BIO 380H: Sensory Mechanisms**

***For students *not* pursuing a biology major or minor, the BIO 250 prerequisite will be waived, and they may substitute CHEM 110 for CHEM 211.**



### Opportunities

- This interdisciplinary field has growing appoications in healthcare, research, and psychological treatments.



### Knowledge

- Understand biological and psychological principles that shape behavior, cognition, and brain function.



### Flexibility

- This minor is an easy addition to a psychology or biology major, while also complementing other fields.

# MCNAIR SCHOLARS PROGRAM APPLICATION NOW OPEN!



# McNair Scholars Program

**APPLY BY:**
**NOV 30, 2026**

## BENEFITS

- Academic, career, and personal counseling
- Faculty mentorship
- Seminars on a variety of graduate school-related topics
- Participation in a paid ($2,800+) summer research internship
- GRE preparation fee waivers
- Assistance in applying for fellowships, grants, and other financial opportunities
- Paid travel expenses to present research at a professional conference and graduate school visits

## ELIGIBILITY

- Status as low-income and first-generation
- At least 48+ credit hours completed (anticipated graduation date must be no earlier than **December 2027**)
- No cumulative GPA required. However, a cumulative GPA of 3.0 or higher encouraged (4.0)
- A mentor commitment from an NEIU faculty member
- US citizenship or residency
- A sincere desire to earn a doctoral degree

## APPLICATIONS MUST SUBMIT ALL OF THE FOLLOWING:

- A completed and signed application form
- A statement of purpose
- Current transcripts
- Two letters of recommendation
- Parents' and/or student's signed Federal Income Tax Returns

*Scan to apply online!*

**Stop by the office in B-141 or contact us at mcnairp@neiu.edu**

# STUDENT COUNSELING SERVICES

Northeastern ILLINOIS UNIVERSITY

Counseling services are available to currently registered NEIU students. We provide short-term treatment and the number of individual or couples therapy sessions are determined in collaboration with the therapist. Group counseling services are also available to Northeastern students without session limits. Student Counseling Services is open for both in-person and remote services. The mission of Student Counseling Services is to provide high-quality, inclusive, and responsive counseling services. We promote student success and wellness through culturally-sensitive direct service, education, advocacy, and outreach to the NEIU community.

You can use counseling to explore problems in your life such as:

- anxiety
- depression
- suicidal thoughts
- sexual assault and abuse
- grief and loss
- anger
- relationship concerns and many other difficulties that may cause stress and disrupt your life.

Explore the information on this site to learn more about:

- how counseling might help you
- how to refer someone else to a counselor
- how to find help off campus

(773) 442-4650
counsect@neiu.edu

# STUDENT HEALTH SERVICES

NEIU | Student Health Services
NORTHEASTERN ILLINOIS UNIVERSITY

# HEALTH SERVICES FOR NEIU STUDENTS



## BASIC HEALTH SERVICES:

- Care of minor illness/injury
- Blood pressure check
- Blood sugar check
- Smoking cessation
- Strep throat screening/treatment
- UTI screening/treatment
- Vaccination (limited)
- TB test

## SEXUAL & REPRODUCTIVE HEALTH SERVICES:

- Pap test
- Breast exams
- Pregnancy test
- Emergency contraception (discounted)
- Gynecological infections
- Other minor gynecological issues
- Safe sex supplies and education
- Pregnancy consultation and other options
- Prescription for birth control
- Chlamydia and Gonorrhea screening / treatment



## WORKSHOPS:

- Bystander Intervention
- NARCAN Training
- Mental Health First Aid
- CPR & BLS Training
- Holistic Wellness Workshops
- Dog Therapy Sessions

## CONTACT US:

bit.ly/neiu-shs-website
health-services@neiu.edu
linktr.ee/neiu_healthservices
@NEIUStudentHealthServices
@neiu_healthservices

# ICE RESPONSE GUIDE

## Tarjeta De Derechos

- Le estoy dando esta tarjeta porque no deseo hablar o tener mas contacto con usted.
- Yo elijo ejercer mi derecho a mantenerme callado y me niego a contestar sus preguntas.
- Si me arresta, seguiré ejerciendo mi derecho a mantenerme callado y a negarme a contestar sus preguntas.
- Yo quiero hablar con un abogado antes de contestar

Quiero contactar a este abogado/organización:

_____

## 권리 카드

- 나는 당신에게 말하고 싶지 않거나 당신과 더 이상의 연락을 원하지 않기 때문에이 카드를 당신에게줍니다.
- 나는 침묵을 유지하고 질문에 답하지 않을 권리를 행사하기로 결정한다.
- 당신이 나를 체포하면, 계속 침묵을 지키고 당신의 질문에 답하는 것을 거부 할 수있는 권리를 행사할 것입니다.
- 귀하의 질문에 답하기 전에 변호사와 이야기하고 싶습니다.
- 이 변호사 또는 기관에 연락하고 싶습니다.

_____

## Karta praw

- Daję Ci tą kartę ponieważ nie chcę z Toba rozmiawiać ani mieć jakikolwiek kontakt z Tobą.
- Chcę skorzystać z prawa do zachowania milczenia i odmawiam odpowiedzi na jakiekolwiek pytania.
- Jeżeli mnie aresztujesz, ja nadal będę korzystał z prawa do zachowania milczenia i odmówię odpowedzi na jakiekolwiek ptania.
- Chcę porozmawiać z prawnikiem, zanim odpowiem na jakiekolwiek pytania.
- Chciałbym się skontaktować z tym prawnikiem / organizacją:

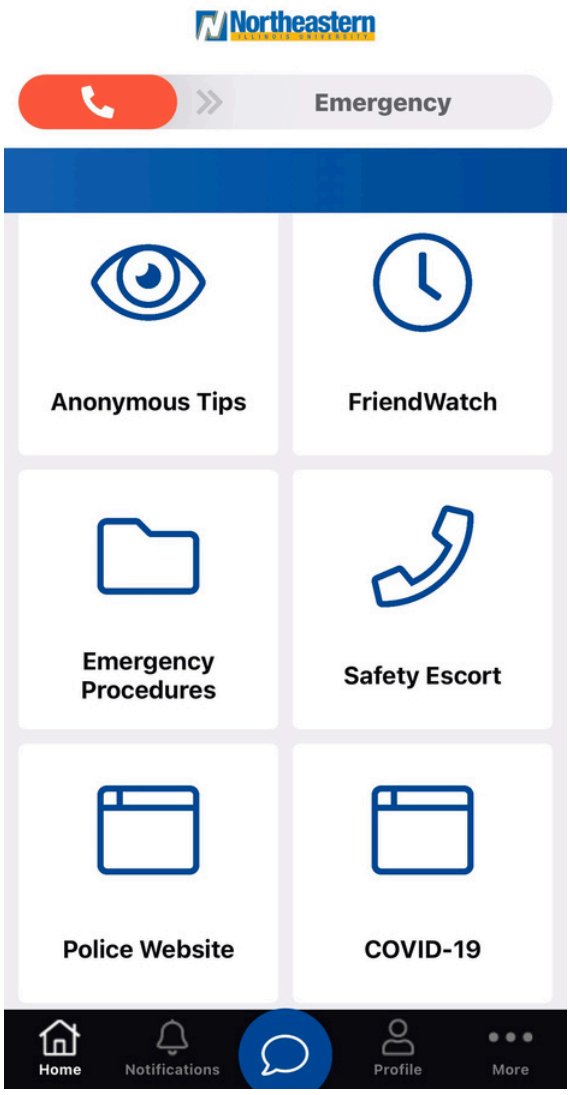
# STAY SAFE ON CAMPUS

Want to learn more about how to stay safe on campus? Check this out!

Download “CampusShield” on the Apple App Store or Google Play. You can also register online using this link: https://portal.publicsafetycloud.net/community-alerts/Northeastern-Illinois-University

After putting in your information (make sure to use your NEIU email) select the NEIU communities that appear. You will then be taken to this screen that features some extremely useful tools.

You will be able to learn about emergency procedures, how to call for a safety escort, and even how to leave an anonymous tip for a variety of situations. All of this can be done directly through the app!



# PSYCHOLOGY CORE COMPETENCIES

**A: Innovation and Creativity**

As a student, you recognize that our environment is evolving (e.g., work during and after Covid) and that people need to adapt and offer ideas to continue to grow and improve. Instead of being rigid or fixed, those who engage in creative and innovative processes welcome the opportunity to adapt and disrupt traditional ways of doing business and can shift from conventional ways of thinking, imagine possibilities and try out new ideas.

## MORE HELP? WE GOT YOU!

**Student Service Coordinator**
Lori Cuevas, MA
**In person location: BBH 313G**
**Email l-cuevas@neiu.edu to set up appt.**



**Office Administrator**
Kristin Wilkens
**In person location: BBH 313F**
**Email kl-wilkens@neiu.edu for questions.**



**Lab Manager**
Anabelle Jimenez
**In person location: BBH 313A**
**Email a-jimenez19@neiu.edu for questions.**



# STAY IN TOUCH

## SAVE THE DATE

**Faculty Talk: Dr. Stan Treger - 11/11**

**HDS MA/BA+1 Information Session - 11/16**

**Psychology Department Annual Student Research Symposium - 12/4**

## Stay Connected!

@neiu_psychology

Psychology Department's Google Classroom

https://classroom.google.com
code: rszuvk4

