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Psychology Department

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SPRING SEMESTER 2026

Happy May, Psychology Students!

You are officially done with the Spring 2026 semester! We are absolutely so proud of all of our students! Take a moment to relax and enjoy this edition of our newsletter where you'll find many celebratory moments and a recap of April and May, the final months of the semester. Even if this is the end of your journey at NEIU, know that this is only the beginning of the wonderful accomplishments you'll achieve in life, and thank you to all of our students for making NEIU so wonderful. Go Golden Eagles!

Q: GUESS THE CORE COMPETENCY...

(FIND THE CORRECT ANSWER IN THE PSYCHOLOGY
CORE COMPETENCIES SECTION!)

- Understand your own roles and responsibilities within a group, and how they may change in differing situations
- Influence others without necessarily holding a formal position of authority
- Acknowledge and manage conflict toward solutions

CONGRATULATIONS TO OUR GRADUATES!

We are so proud of all of our outstanding psych students who have graduated! Let's congratulate these students for the countless hours of work and dedication they have poured into getting their degrees, and let's wish them good luck on their future endeavors! Go Golden Eagles!



2 CONGRATULATIONS CLASS OF 2026!

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MAY 2026 COMMENCEMENT

We were so happy to see all of our amazing students at the May 2026 Commencement! It was a beautiful day full of farewells, emotional photos with friends and family, and a triumphant walk across the stage!



GRADUATE STUDENT TALKS

ISAIAH AGUAYO & BADER ALWAN

Our graduate students in Human Developmental Science (HDS) – Isaiah Aguayo and Bader Alwan – presented their HDS MA Program internship talks this semester! Isaiah and Bader are a part of our inaugural HDS MA cohort, and we are so proud and excited to see what awaits them!

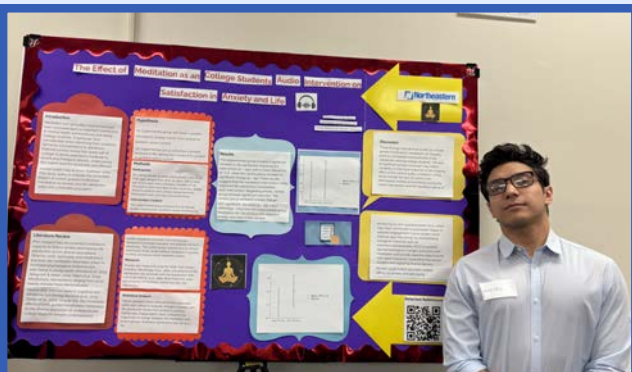
“Understanding
Childhood Trauma and
Trauma Interventions:
Insights from My
Internship Experience”
Isaiah Aguayo



“Managing emotions:
Is it lust or love?”
Bader Alwan

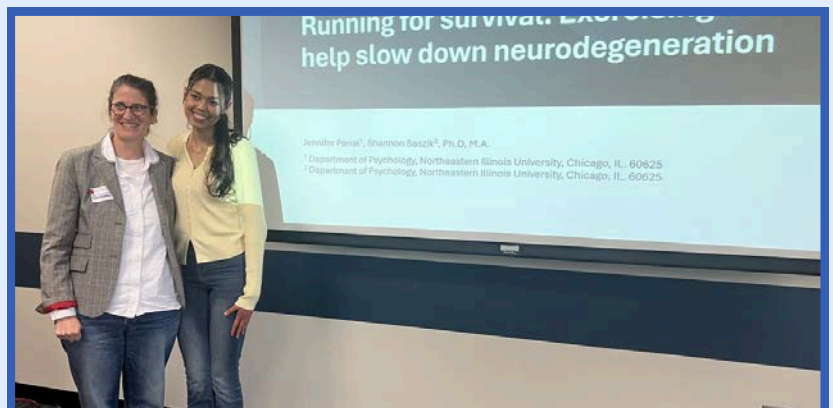
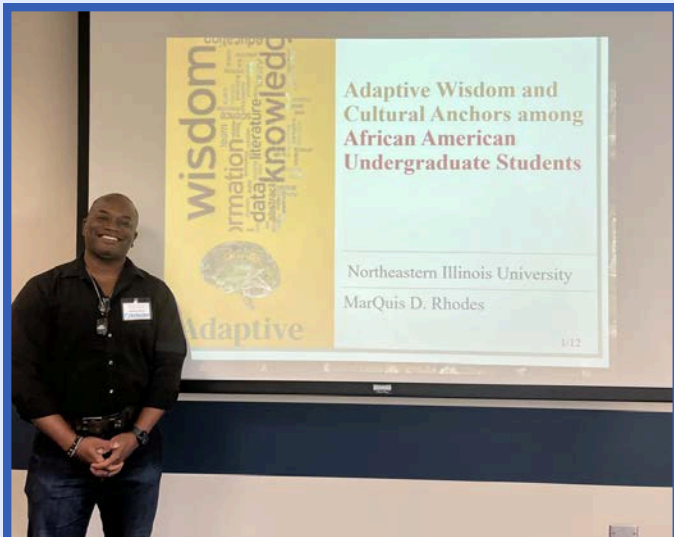
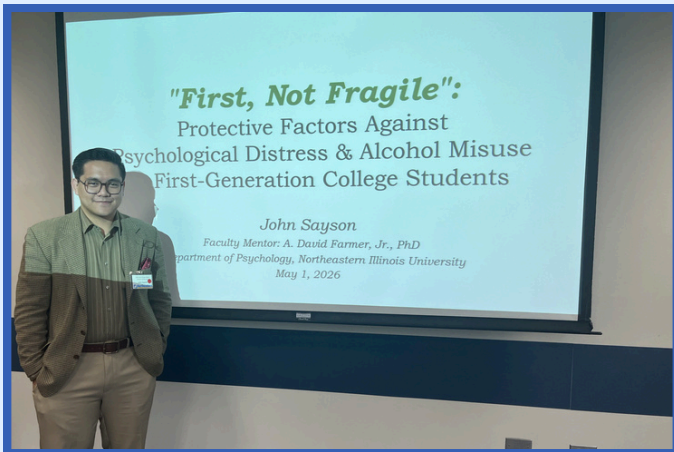
THIRD ANNUAL PSYCHOLOGY SPRING POSTER SESSION

Our Third Annual Psychology Department Spring Student Research Poster Session had such a huge turnout! For many of our students, it was either their first, or last time (or both!) presenting here at NEIU. There were so many interesting lab, capstone, and service learning presentations! If you want to see more about how much fun we had, find our IG reel at [@neiu_psychology](https://www.instagram.com/neiu_psychology) on Instagram!



2026 JOHN ALBAZI SYMPOSIUM

NEIU PSYCH rocked it at the 2026 John Albazi Student Research and Creative Activities Symposium! John Sayson and Anabelle Jimenez won best presentations for their respective podium sessions, while John Sayson and Bryan Scheinkopf were winners of the NEIU Libraries Award for Excellence in Library-Based Research!



2026 MIDWESTERN PSYCHOLOGICAL ASSOCIATION

NEIU Psych had a successful conference run at the 2026 Midwestern Psychological Association (MPA) Annual Meeting! John Sayson, Anabelle Jimenez, Dr. Esposito, Agata Soltys, Naiya Graciani, and Marquee Reno (not pictured, but missed!) presented their posters at the beautiful Palmer House. We had a wonderful time watching insightful talks, making connections with new folks, and enjoying the food and sights the Loop has to offer.



2026 NEIU PSYCH SCHOLARSHIP WINNERS

Congratulations to all of the winners of our 2026 department scholarships! We are so proud of all of our winners. If you want to hear more from our amazing students, check out [@neiu_psychology](https://www.instagram.com/neiu_psychology) on Instagram to see their IG reels!

Luis Gonzalez

Jennifer Vargas

Gannon Hosticka

Azucena Tlatenchi

Cesar Graham

Victoria Howard

Sarai Gonzalez

Cristina Rivera

John Sayson

HUMAN DEVELOPMENTAL SCIENCE

For more information on the MA or the BA+1 program, click the link below or scan the QR code!

<https://www.neiu.edu/academics/programs/master-arts-human-developmental-science>



CHECK OUT OUR NEW PSYCH MINORS!

NEW!

MINOR IN FORENSIC PSYCHOLOGY

**2 PSYC COURSES + 2 SOC COURSES + 2 JUST COURSES + 1 ELECTIVE
= 21 CREDIT HOURS**

- PSYC 200
General
Psychology (4
credit hours)

- PSYC 329
Psychology of
Criminal
Behavior (3
credit hours)

- JUST 201 Intro
to the Criminal
Justice System
(3 credit hours)

- JUST 312
Theories of
Criminal
Behavior (3
credit hours)

- SOC 304
Sociology of
Law (3 credit
hours)

- SOC 316 Race
and Ethnic
Relations (3
credit hours)

- 1 Elective in
PSYC, SOC, or
JUST (based on
Advisor Approval)
(3 credit hours)



Careers with a Forensic Psych Minor:

- Behavioral Health Technician (with PSYC major)
- Case Manager (PSYC, SOC)
- Community Outreach Coordinator (SOC)
- Correctional (PSYC, JUST, SOC)
- Court Clerk or Legal Assistant (JUST)
- Crime Analyst (SOC)
- Crime Scene Investigator (JUST)
- Diversity & Inclusion Specialist (SOC)
- Fraud Investigator (JUST)

Forensic psychology applies psychological principles and research to legal issues, assisting in criminal investigations, civil cases, and the judicial system, often involving assessments, expert testimony, and interventions. This minor is 21 credit hours and perfect for those who are interested in criminal justice, civil law, victimology, correctional, investigative, and police psychology.

**QUESTIONS? CONTACT L-CUEVAS@NEIU.EDU OR
DEPTPSYC@NEIU.EDU TO SEND IN ANY QUESTIONS YOU MAY HAVE!**

CHECK OUT OUR NEW PSYCH MINORS!

NEW

MINOR IN NEUROSCIENCE

Only 3 PSYC and 3 BIO courses needed:

PSYC 200: General Psychology
PSYC 202: Stats & Research Methods I
300-level elective:
- PSYC 350: Physiological Psychology
- or PSYC 371: Neuropsychology

BIO 201: General Biology I
BIO 301: Cell Biology *
300-level elective:
- BIO 365: Neurobiology
- or BIO 380H: Sensory Mechanisms

*For students *not* pursuing a biology major or minor, the BIO 250 prerequisite will be waived, and they may substitute CHEM 110 for CHEM 211.



Opportunities

- This interdisciplinary field has growing applications in healthcare, research, and psychological treatments.



Knowledge

- Understand biological and psychological principles that shape behavior, cognition, and brain function.



Flexibility

- This minor is an easy addition to a psychology or biology major, while also complementing other fields.

STUDENT COUNSELING SERVICES



Counseling services are available to currently registered NEIU students. We provide short-term treatment and the number of individual or couples therapy sessions are determined in collaboration with the therapist. Group counseling services are also available to Northeastern students without session limits. Student Counseling Services is open for both in-person and remote services. The mission of Student Counseling Services is to provide high-quality, inclusive, and responsive counseling services. We promote student success and wellness through culturally-sensitive direct service, education, advocacy, and outreach to the NEIU community.

You can use counseling to explore problems in your life such as:

- anxiety
- depression
- suicidal thoughts
- sexual assault and abuse
- grief and loss
- anger
- relationship concerns and many other difficulties that may cause stress and disrupt your life.

Explore the information on this site to learn more about:

- how counseling might help you
- how to refer someone else to a counselor
- how to find help off campus

(773) 442-4650
counsect@neiu.edu

ICE RESPONSE GUIDE

Tarjeta De Derechos

- Le estoy dando esta tarjeta porque no deseo hablar o tener mas contacto con usted.
- Yo elijo ejercer mi derecho a mantenerme callado y me niego a contestar sus preguntas.
- Si me arresta, seguiré ejerciendo mi derecho a mantenerme callado y a negarme a contestar sus preguntas.
- Yo quiero hablar con un abogado antes de contestar
Quiero contactar a este abogado/organización:

권리 카드

- 나는 당신에게 말하고 싶지 않거나 당신과 더 이상의 연락을 원하지 않기 때문에 이 카드를 당신에게 줍니다.
- 나는 침묵을 유지하고 질문에 답하지 않을 권리를 행사하기로 결정한다.
- 당신이 나를 체포하면, 계속 침묵을 지키고 당신의 질문에 답하는 것을 거부할 수 있는 권리를 행사할 것입니다.
- 귀하의 질문에 답하기 전에 변호사와 이야기하고 싶습니다.
- 이 변호사 또는 기관에 연락하고 싶습니다.

Karta praw

- Daję Ci tą kartę ponieważ nie chcę z Tobą rozmawiać ani mieć jakikolwiek kontakt z Tobą.
- Chcę skorzystać z prawa do zachowania milczenia i odmawiam odpowiedzi na jakiegokolwiek pytania.
- Jeżeli mnie aresztujesz, ja nadal będę korzystał z prawa do zachowania milczenia i odmówię odpowiedzi na jakiegokolwiek pytania.
- Chcę porozmawiać z prawnikiem, zanim odpowiem na jakiegokolwiek pytania.
- Chciałbym się skontaktować z tym prawnikiem / organizacją:

STAY SAFE ON CAMPUS

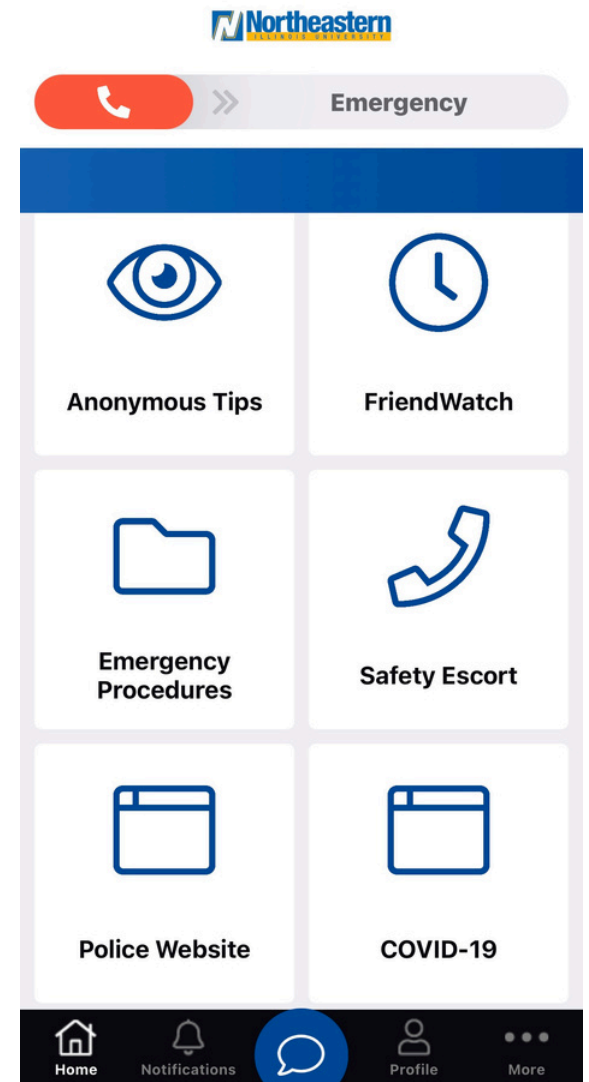
Want to learn more about how to stay safe on campus?
Check this out!

Download “CampusShield” on the Apple App Store or Google Play. You can also register online using this link:

<https://portal.publicsafetycloud.net/community-alerts/Northeastern-Illinois-University>

After putting in your information (make sure to use your NEIU email) select the NEIU communities that appear. You will then be taken to this screen that features some extremely useful tools.

You will be able to learn about emergency procedures, how to call for a safety escort, and even how to leave an anonymous tip for a variety of situations. All of this can be done directly through the app!



PSYCHOLOGY CORE COMPETENCIES

A: Teamwork and Leadership

How many times have you worked in a group or as part of a team to accomplish a task? As you progress through your education and career, you will encounter teamwork and collaboration again and again. Learning how groups work, the different roles that individuals play when working together toward a common goal, and understanding your own role as part of a team are all important skills that you will use throughout your education, career, and personal interactions. Learning these skills during your education will also help you to appreciate how disagreements or conflicts are handled in groups, how your own actions influence how groups work together to achieve a goal, and how the role of group leaders and others influence how well a team works together.

MORE HELP? WE GOT YOU!

Student Service Coordinator

Lori Cuevas, MA

In person location: BBH 313G

Email l-cuevas@neiu.edu to set up appt.



Office Administrator

Kristin Wilkens

In person location: BBH 313F

Email kl-wilkens@neiu.edu for questions.



Lab Manager

Anabelle Jimenez

In person location: BBH 313A

Email a-jimenez19@neiu.edu for questions.



STAY IN TOUCH

NEED ADVISING?

Spring 2026 advising links are now closed. If you need advising this summer, please contact Dr. Saszik, Chair of the Psychology Department, at s-saszik@neu.edu.

Stay Connected!



[@neiu_psychology](https://www.instagram.com/neiu_psychology)



Google Classroom

Psychology Department's
Google Classroom

<https://classroom.google.com>

code: rszuvk4

