



Northeastern

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Psychology Department

Term: Fall | Issue 16 | Date: November 22, 2023

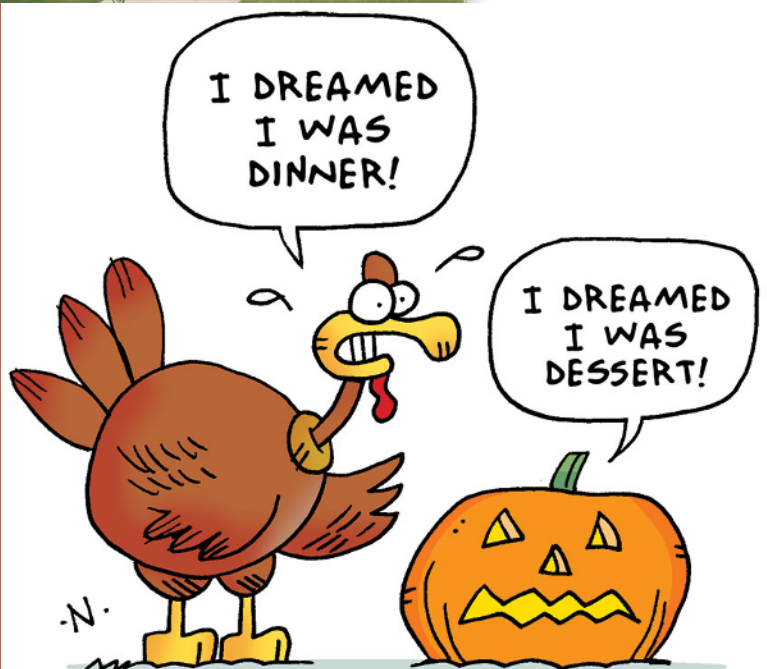
FALL SEMESTER 2023

Happy November Psychology Students!

Finals are almost here! If you need help with any of your courses remember that our tutors are ready to assist you! We would also like to remind you that Winter and Spring registration is now open. Don't forget to take advantage of the department's open advising hours for class planning and any other academic advising. Keep it up and have a well-deserved Thanksgiving break!



**COMEDIC
RELIEF**



GET TO KNOW YOUR FACULTY: Amanda Dykema-Engblade, Ph.D.



1. Which superhero would you want to be and why?

Catwoman (Michelle Pfeiffer version) because she's strong, independent, and she fights for herself...but she still has heart. Second place, Wonder Woman. I polled my Service Learning class and they helped with this answer.

2. If you had a choice between two superpowers, being invisible or flying, which would you choose?

Invisible, for sure.

3. If you could only read one book for the rest of your life, what would it be and what would the title of your biography be?

My favorite book over the last year is *Insomniac City* so that one benefits from the recency effect. It's a love story between humans but also a love story about the city. The author, Billy Hayes, is a curious and kind person and I just enjoyed the story about both heartache and happiness and both our casual and intimate relationships.

4. List five unconventional uses of a book

1. shred it and use it to pack materials
2. use it as a plant stand
3. soft cover, use it for a fan on a warm day
4. toss it back in forth in the absence of a ball
5. use it like gym equipment (step ups/overhead press, etc)

ALUMNI HIGHLIGHT: ANDREA YETZER, BA '12

1. What are you doing now?

Just wrapped my PhD in Social Psychology from Northwestern and I am transitioning to a research role in the private sector where I can use my skills and expertise as a behavioral scientist to create positive social impact

2. How did NEIU prepare you for your professional journey?

I had amazing, thought-provoking professors and advisors that taught me to think deeper and more critically - to ask the bigger questions and to use the scientific method to collect and analyze information. I was lucky enough to have mentors who encouraged me to share my work in professional settings and gave me their time and guidance so that I could successfully pursue my graduate school goals.



3. What advice would you give to undergraduate students?

Talk to your professors! Use office hours not just for course-related questions, but to seek advice about other personal and professional goals. Get involved in student groups, even if it's just attending a meeting here and there or stopping in at an event - you never know when someone you meet or an extracurricular experience will lead you on an exciting and/or fruitful personal/professional pathway!



STUDENT OF THE MONTH: XOCHITL HUBBELL-FOX



1. What are your goals after graduation?

Well I find that when I plan things too much it never works out the way I intend, so I mostly aim for a general vibe. I write grants and manage program development and marketing for a small nonprofit of the arts, Territory NFP, in the Austin neighborhood, where we teach adolescents architectural, urban planning, and community engagement skills, and I hope to keep doing similar work. Grassroots nonprofit work has given me access to a new understanding of the communities I have grown up in and around and spending time creating a healthier safer city is very rewarding.

2. What motivates you to work hard?

I have seen through personal experience individuals who don't put the work in even when given the tools and opportunities to do so and I understand the consequences of that kind of lifestyle decision. My family immigrated here only a couple generations ago and I think it is important to take advantage of the things they have given to me through so much of their own hard work and sacrifice. It is just within my values to strive to be a good person while trying to create positive impact for others, and I think that should be the case for more people.

3. What is your proudest accomplishment?

Developing the proposal and securing initial funding to pilot an Internship for Design Equity. We launched Territory's Internship for Design Equity (TIDE) at the beginning of June 2023 and will begin recruiting for the summer of 2024 internship shortly. This has been my biggest and longest running project during my time at Territory as an Americorp VISTA and now staff member.

4. Favorite Psychology class so far and why?

Adolescent Development with Professor Cuevas, I think teenagers are really interesting and not enough groups or programming focus on curriculum from a developmental perspective. This class has really benefited me in helping improve the structure of programming at my job but also understanding why I felt like my own adolescence was a struggle. Plus Professor Cuevas is lovely to have as an instructor.





PSYCHOLOGY FUN FACT

Carol Gilligan, (born November 28, 1936, New York, New York, U.S.), American developmental psychologist best known for her research into the moral development of girls and women.

NEED HELP? WE GOT YOU...

Student Service Coordinator

Lori Cuevas, MA

In person location: BBH 313G

Email l-cuevas@niu.edu to set up appt.



SCSE Tutor Hours

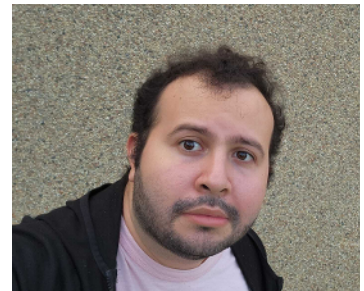
Alejandro Trejo

Monday and Wednesday: 9:00am-1:00pm

Thursday: 1:00pm-3:00pm

In person location: BBH 247

Email A-Trejo9@niu.edu to set up appt.



Capstone / Lab Assistance Hrs

Sandra Paz Sosa

Monday and Wednesday: 10:00am-11:00am

Location: In person (BBH 313A) and zoom

Email snpazos@niu.edu to set up appt.





Learning Success Center & Center for Academic Writing

Ronald Williams Library 4th floor (CAW Room)

(773) 442-4568 or (773) 442-4492

Use Google (Nmail) Chat lsc@neiu.edu

All appointment times can be in person or online

**Psychology content/discipline
tutor (LSC)**

Nicholas Koukis:

Monday: 3:00pm-6:00pm

Tuesday: 2:00pm-6:00pm

Friday: 2:00pm-5:00pm



WIP Peer Tutor (CAW)

John Sayson:

Monday: 3:00pm-5:00pm

Tuesday: 4:00pm-5:00pm

Wednesday: 3:00pm-5:00pm

Thursday: 4:00pm-5:00pm

Friday: 11:00am-1:00pm



ANNOUNCEMENTS

Save the Date

Department Student Research Symposium

Tuesday, November 28

Open Advising Hours for Majors

No appointment necessary, stop in when you are available

Fall 2023 Advising Hours in Person

Mon 2:15-3:15 PM in BBH 303

Wed 10:15-11:15 AM in BBH 303

Fri 4-6 PM in BBH 323

Fall 2023 Advising Hours via Zoom

Mon 4-6 PM

Tues 8:30-9:30 AM

Thurs 7-8 PM

Fri 11 AM-12, 4-6 PM

Sat 1-2 PM

Scan QR code or follow the link



<https://neiu-edu.zoom.us/j/99261869841?pwd=Qy9jNUhuRktpTU5WekxQTENRckVuZz09>



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Psychology Department's
Google Classroom

Google Classroom <https://classroom.google.com> code: rszuvk4

