



*Learn in the city. Lead in the world*

## Psychology Department

Term: Spring | Issue: 27 | Date: February 14, 2025



## SPRING SEMESTER 2025

Happy February Psychology Students!

We hope you're having a wonderful Spring semester! In this Valentine's Day edition of the newsletter, you will find a recap of our recent symposium, information about the PSYC SPACE, a student spotlight, and all of our upcoming events... with some extra festive flair! Make sure to make time for your loved ones and to cherish every moment fully. While this is the month of love, remember to let others know you appreciate them everyday... and not just during a holiday. Don't forget to include yourself in this practice, too!

## Q: GUESS THE CORE COMPETENCY...

(FIND THE CORRECT ANSWER IN THE PSYCHOLOGY  
CORE COMPETENCIES SECTION!)

- Develop criteria to examine an issue and evaluate alternative courses of action
- Respect evidence and logic
- Select and implement solutions to complex problems



# WE ENDED THE YEAR OFF WITH A BANG...

Our 20th Annual Fall Psychology Symposium was a sweet success!



# THE PSYC SPACE

Searching for a place to study or spend time with fellow peers? Look no further and utilize **BBH 317 - PSYC SPACE!**



This room is meant to be used by students and is available outside of these class times:

**Northeastern 150** 1867-2017  
**BBH 317 - PSYC SPACE**  
Utilize this room for any activity outside of these class times:

|            | Monday<br>1/20 | Tuesday<br>1/21  | Wednesday<br>1/22          | Thursday<br>1/23 | Friday<br>1/24 |
|------------|----------------|------------------|----------------------------|------------------|----------------|
| 8AM - 10PM |                |                  |                            |                  |                |
| 08:00 AM   |                |                  |                            |                  |                |
| 09:00 AM   |                |                  |                            |                  |                |
| 10:00 AM   |                |                  | PSYC 511 1 23964           |                  |                |
| 11:00 AM   |                |                  | PSYC 520 1 23965<br>202520 |                  |                |
| 12:00 PM   |                |                  |                            |                  |                |
| 01:00 PM   |                |                  |                            |                  |                |
| 02:00 PM   |                | PSYC 373 2 20782 |                            | PSYC 373 2 20782 |                |
| 03:00 PM   |                |                  |                            |                  |                |
| 04:00 PM   |                |                  |                            |                  |                |
| 05:00 PM   |                |                  |                            |                  |                |
| 06:00 PM   |                |                  | PSYC 502 1 23963<br>202520 |                  |                |
| 07:00 PM   |                |                  |                            |                  |                |
| 08:00 PM   |                |                  |                            |                  |                |
| 09:00 PM   |                |                  |                            |                  |                |
| 10:00 PM   | Closed         | Closed           | Closed                     | Closed           | Closed         |

Don't be shy, make this space *your own!*





## STUDENT SPOTLIGHT

In honor of the upcoming SCSE Summer Research Info Session, today we are highlighting Jennifer Vargas, a psychology student and member of the SCSE! Last summer she participated in the SCSE Summer Research Program with Dr. Andrew Young.



*Jennifer Vargas*



"I enjoyed collaborating with such intelligent individuals this summer, and the unwavering support from my mentor and the SCSE team made this research opportunity truly memorable."

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### DON'T MISS OUT!

Check out the details for the upcoming info session below! The SCSE has an excellent summer research program – of course, psychology students should already know all about that!

**SCSE SUMMER RESEARCH INFO  
SESSION**

**STUDENT UNION 214, 3:00PM - 4:30PM  
LEARN ABOUT SUMMER RESEARCH AT NEIU AND  
HOW IT CAN BE A GOOD FIT FOR YOU.**

**Feb  
20**

## PSYC Spring 2025 Advising Links

Not sure what to register for? Have questions about your degree progress? Scan these QR codes today to get advising and get your questions answered!



### In-Person Advising Schedule:

**Mondays:** 10:15-11:15 and 1-2 pm

**Tuesdays:** 12-1 pm

**Wednesdays:** 10:15-11:15 and 1-2 pm

**Thursdays:** 12-1 pm

### Online Advising Schedule:

**Wednesdays:** 12-2

**Thursdays:** 12-2 and 4-6

XOXO



Scan this QR code for the  
In-Person Advising  
Calendar!



Scan this QR code for  
the Online Advising  
Calendar!



FACULTY TALK

**Faculty Talk**  
**Psychology Department**

*From the Lab to the Real World:*  
**Translating Research into  
Practice**



*Dr. Naida Silverthorn*  
**Wednesday, Feb. 26**  
**1 to 2 pm**  
**BBH 102**



**All are invited to attend and snacks  
will be provided!**



NEED A PLACE TO STORE YOUR VALENTINES?

# Get a locker on the 3rd floor of BBH!



Lockers can be reserved for the semester, at no cost. If you would like a locker, then **please scan the QR code below to fill out the locker reservation form.** Lockers will be assigned **first-come, first serve.**



[tinyurl.com/BBHLOCKERS](https://tinyurl.com/BBHLOCKERS)



If you have any questions,  
email [icontre2@neiu.edu](mailto:icontre2@neiu.edu)  
or stop by BBH-358G.



# BEYOND SRM II WORKSHOP

## *Beyond SRM II: Lab, Capstone,* ♥ **and the new MA in Human** ♥ **Developmental Science**

**Are you a current student in PSYC 302, have you taken PSYC 302 but have not yet taken lab or capstone, or have you taken PSYC 302 and lab (or are in lab now) and want to hear about capstone and learn more about the new BA+ 1 Master's Program?**

**If you identify with any part of the question, then this workshop is for you!**

### *On-campus workshop:*

**When: Wednesday, February 19**

**Time: 11:30-12:45**

**Where: BBH 242**

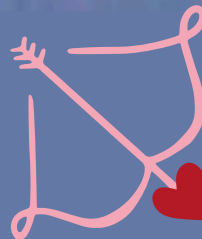


### *Remote workshop:*

**Where: Wednesday, February 19**

**Time: 5:40-6:55**

**Zoom: <https://neiu-edu.zoom.us/j/85335268186?pwd=vukRoSCWhBlUb6yOJlwWsAPZzzepVr.1>**





# ICE RESPONSE GUIDE



# ICIRR

ILLINOIS COALITION FOR IMMIGRANT AND REFUGEE RIGHTS

*Call the Family  
Support Hotline*

# 1 (855) HELP-MY-FAMILY

# 1 (855) 435-7693

*English - Español - 우리말 - Polish*

## Rights Card

- I am giving you this card because I do not wish to speak to you or have any further contact with you
  - I choose to exercise my right to remain silent and to refuse to answer any questions
  - If you arrest me, I will continue to exercise my right to remain silent and to refuse to answer your questions
  - I want to speak with a lawyer before answering your questions
- I would like to contact this attorney or organization:

**IF YOU ARE INVOLVED IN AN ICE RAID REMEMBER:**

**SI USTED ESTA ENVUELTO EN UNA REDADA RECUERDE:**

- NO Warrant-DON'T open the door. *NO orden de cateo, NO abra la puerta*
- DO NOT sign documents you don't understand. *NO firme documentos que no entienda*
- REMAIN Silent. *MANTENGASE en silencio*
- REPORT the raid call our hotline! *REPORTE la redada llame a la linea de ayuda!*

For more information please visit: Para más información por favor visite:

[www.icirr.org/riseup](http://www.icirr.org/riseup)

# ICE RESPONSE GUIDE

## Tarjeta De Derechos

- Le estoy dando esta tarjeta porque no deseo hablar o tener mas contacto con usted.
- Yo elijo ejercer mi derecho a mantenerme callado y me niego a contestar sus preguntas.
- Si me arresta, seguiré ejerciendo mi derecho a mantenerme callado y a negarme a contestar sus preguntas.
- Yo quiero hablar con un abogado antes de contestar

Quiero contactar a este abogado/organización:

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## 권리 카드

- 나는 당신에게 말하고 싶지 않거나 당신과 더 이상의 연락을 원하지 않기 때문에 이 카드를 당신에게 줍니다.
  - 나는 침묵을 유지하고 질문에 답하지 않을 권리를 행사하기로 결정한다.
  - 당신이 나를 체포하면, 계속 침묵을 지키고 당신의 질문에 답하는 것을 거부할 수 있는 권리를 행사할 것입니다.
  - 귀하의 질문에 답하기 전에 변호사와 이야기하고 싶습니다.
  - 이 변호사 또는 기관에 연락하고 싶습니다.
- 

## Karta praw

- Daję Ci tą kartę ponieważ nie chcę z Toba rozmawiać ani mieć jakikolwiek kontakt z Tobą.
- Chcę skorzystać z prawa do zachowania milczenia i odmawiam odpowiedzi na jakiegokolwiek pytania.
- Jeżeli mnie aresztujesz, ja nadal będę korzystał z prawa do zachowania milczenia i odmówię odpowiedzi na jakiegokolwiek pytania.
- Chcę porozmawiać z prawnikiem, zanim odpowiem na jakiegokolwiek pytania.
- Chciałbym się skontaktować z tym prawnikiem / organizacją:



# STAY SAFE ON CAMPUS

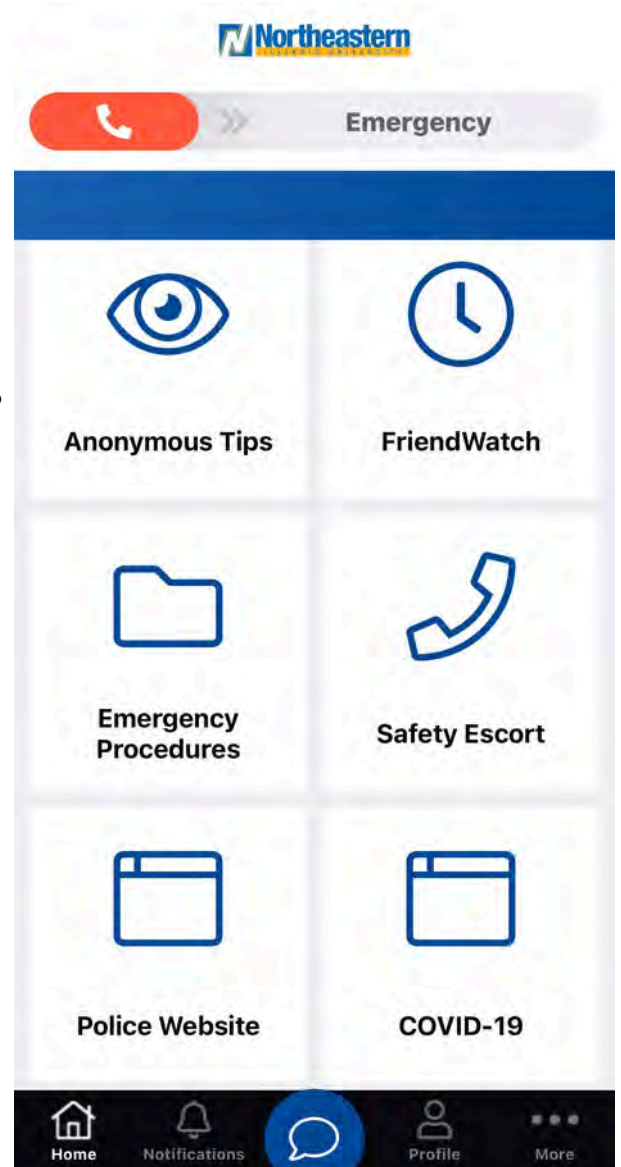
Want to learn more about how to stay safe on campus?  
Check this out!

Download “CampusShield” on the Apple App Store or Google Play. You can also register online using this link:

<https://portal.publicsafetycloud.net/community-alerts/Northeastern-Illinois-University>

After putting in your information (make sure to use your NEIU email) select the NEIU communities that appear. You will then be taken to this screen that features some extremely useful tools.

You will be able to learn about emergency procedures, how to call for a safety escort, and even how to leave an anonymous tip for a variety of situations. All of this can be done directly through the app!



# TUTORING HOURS



Kat Hoseck (Psychology Tutor)

Mondays: 9:00-11:00am

Wednesdays: 9:30-10:30am

Thursdays: 12:30-3:30pm

Fridays: 9:00-1:00pm

Located in LSC/CAW (4th floor of the library)

\*Appointments can be made online or In-Person  
Call 773) 442-4568 or (773) 442-4492 / Use  
Google (Nmail) Chat [lsc@neiu.edu](mailto:lsc@neiu.edu) to set up appt.



SCSE Psychology Tutoring Hours:

Mondays 1:30-4:30 Location BBH 247

Wednesdays 1:30-5:00 Location BBH 247

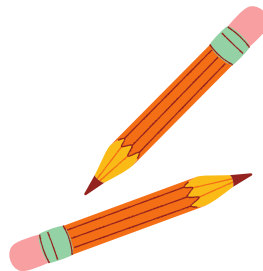
Thursdays 9:00-12:00 Location BBH 247

John Sayson (Psychology/WIP Tutor)

Monday through Thursday: 11am-1pm,  
2pm to 5pm

Located in LSC/CAW (4th floor of the library)

\*Appointments can be made online or In-Person  
Call 773) 442-4568 or (773) 442-4492 / Use  
Google (Nmail) Chat [lsc@neiu.edu](mailto:lsc@neiu.edu) to set up  
appt.





# PSYCHOLOGY CORE COMPETENCIES

## A: Critical Thinking and Problem Solving

Critical thinking, simply put, means not accepting things at face value. It is an umbrella skill that refers, in part, to the ability to assess any claim or perspective for its truth value or effectiveness in understanding the world. Critical thinking also encompasses the skills of analyzing problems and designing effective solutions. In our contemporary world where misinformation is rampant and the social challenges we face abound, it is easy to see why employers value the skills of critical thinking and problem solving. Throughout your coursework, you will have many opportunities to hone your critical thinking and problem solving skills.

### MORE HELP? WE GOT YOU!

#### Office Administrator

Kristin Wilkens

**In person location: BBH 313F**

**Email [kl-wilkens@neiu.edu](mailto:kl-wilkens@neiu.edu) for questions.**



#### Lab Manager/ PSYC 200 PL + Tutor Hrs

Anabelle Jimenez

**Mondays: 2:00pm-4:00pm**

**Tuesdays: 2:00pm-3:00pm**

**Location: In person (BBH 313A)**

**Email [a-jimenez19@neiu.edu](mailto:a-jimenez19@neiu.edu) to set up appt.**



# ADVISING LINKS + STAY IN TOUCH

## Advising Links Spring 2025



Scan for the In-Person  
Advising Calendar!



Scan for the Online  
Advising Calendar!

## Stay Connected!



[@neiu\\_psychology](https://www.instagram.com/neiu_psychology)



Psychology Department's  
Google Classroom

<https://classroom.google.com>

code: rszuvk4

Google Classroom