

**Department of Counselor Education—Northeastern Illinois University**  
**Clinical Mental Health Counseling, M.A. Program Planning Guide**

Student \_\_\_\_\_ Student ID# \_\_\_\_\_

Date of Admission \_\_\_\_\_ Semester: \_\_\_\_\_ Year: \_\_\_\_\_ Program Advisor \_\_\_\_\_

Date DPE taken \_\_\_\_\_ Score \_\_\_\_\_

This program planning guide is merely a blueprint of your intended plan of study. It does not guarantee that you will be able to register for a particular course in a specific semester.

**COURSES WITH AN ASTERISK (\*) MUST BE COMPLETED BEFORE YOU BEGIN PRACTICUM.**

Note: Spr/Su/Fall = Spring/Summer/Fall Semesters

| <b>CORE COURSES (51 credit hours)</b>   | <b>Semester Offered</b> | <b>Semester Anticipate</b> | <b>Semester Completed</b> | <b>Grade</b> | <b>Instructor</b> |
|---|-------------------------|----------------------------|---------------------------|--------------|-------------------|
| COUN 401 Professional Orientation & Legal/Ethical Practices* (3 cr)   | Spr/Fall                |                            |                           |              |                   |
| COUN 402 Developmental Counseling* (3 cr)   | Spr/Su/Fall             |                            |                           |              |                   |
| COUN 403 Theories of Counseling* (3 cr)   | Spr/Su/Fall             |                            |                           |              |                   |
| COUN 404 Assessment & Evaluation in Counseling* (3 cr)  | Spr/Su/Fall             |                            |                           |              |                   |
| COUN 405 Individual Counseling Skills* (3 cr)<br>Prereqs: 401 (or 433) and 403 and 430  | Spr/Su/Fall             |                            |                           |              |                   |
| COUN 406 Group Counseling* (3 cr)<br>Prereq: 405  | Spr/Su/Fall             |                            |                           |              |                   |
| COUN 407 Advanced Clinical Mental Health Counseling* (3 cr)<br>Prereq: 405  | Spr/Sum/Fall            |                            |                           |              |                   |
| COUN 408 Research Seminar (3 cr)<br>Prereq: 404   | Spr/Su/Fall             |                            |                           |              |                   |
| COUN 409 Career Development* (3 cr)   | Spr/Su/Fall             |                            |                           |              |                   |
| COUN 415 Children & Youth in School and Family Systems (3 cr)<br>Prereq: 402  | Spr/Su/Fall             |                            |                           |              |                   |
| COUN 420 Introduction to Family Counseling* (3 cr)  | Spr/Su/Fall             |                            |                           |              |                   |
| COUN 425 Diagnosis & Treatment of Addictive Disorders (3 cr)<br>Prereqs: 401 (or 433) and 403   | Spr/Su/Fall             |                            |                           |              |                   |
| COUN 427 Diagnostic Systems for Counseling* (3 cr)<br>Prereqs: 403  | Spr/Su/Fall             |                            |                           |              |                   |
| COUN 429 Psychopharmacology (3 cr)  | Spr/Sum                 |                            |                           |              |                   |
| COUN 430 Social & Cultural Diversity in Counseling* (3 cr)  | Spr/Su/Fall             |                            |                           |              |                   |
| COUN 438 Trauma & Crisis Counseling (3 cr)<br>Prereqs: 405 and 427  | Spr/Su/Fall             |                            |                           |              |                   |
| COUN 439 Case Conceptualization & Treatment Planning (3 cr)<br>Prereqs: 403 and 427   | Spr/Fall                |                            |                           |              |                   |
| <b>CLINICAL COURSES—CLINICAL MENTAL HEALTH COUNSELING (9 credit hours)</b>  |                         |                            |                           |              |                   |
| COUN 444 Practicum: Group Supervision in Clinical Mental Health Counseling (3 cr)<br>Prereqs: 401,402,403,404,405,406,407,409,420,427, and 430, (439 not required but highly recommended) | Fall                    |                            |                           |              |                   |
| COUN 464 Internship I: Clinical Mental Health Counseling (3 cr)<br>Prereqs: Completion of 444 with a grade of A or B  | Spring                  |                            |                           |              |                   |
| COUN 474 Internship II: Clinical Mental Health Counseling (3 cr)<br>Prereqs: Completion of 464 with a grade of A or B   | Summer                  |                            |                           |              |                   |

**PROGRESS INDICATORS:**

1. Practicum/Internship: You must apply for Practicum by December 1 prior to the year of your intended placement.
2. Departmental Proficiency Exam (DPE) offered Fall/Spring/Summer. Dates subject to change. See Counselor Education [Current Student Resources](#) link for most recent and accurate dates and instructions.
3. Graduation Application: You must apply by the date specified on the NEIU website.
4. Student Responsibility: It is the student's responsibility to become thoroughly familiar with all policies and procedures of the Department and program. See [Counselor Education](#), [Graduate Studies and Research](#), [NEIU websites](#), including *Student Handbooks* and *Academic Catalogue*.

Student Signature \_\_\_\_\_  
 Rev5/25/23

Program Advisor Signature \_\_\_\_\_

Date of Initial Advisement \_\_\_\_\_