

Mental Health Therapist for Private Practice

Company: O2 Counseling

Position: Therapist specializing in couple counseling

Salary Range: \$45k - \$80k yearly

About O2 Counseling

O2 Counseling is a small private practice specializing in relationship counseling for couples, families and individuals. While our main focus is couple therapy, we also provide individual therapy for adults with mood disorders, complex trauma and other personal struggles.

O2 Counseling is built on the values of authenticity, creativity, compassion and curiosity—with a culture that strives to be empowering and encouraging. We are female-led and supported, and are committed to promoting a workspace that is safe and welcoming.

You might be a great fit at O2 Counseling if you are:

- A provisionally licensed or fully licensed therapist with experience in couple therapy
- A professional who embraces our culture, living and working by O2 Counseling's values
- Self-motivated, independent and open-minded
- Filled with a passion for learning and growth
- Strategic and creative - ability to think outside the box
- Bi-lingual in Spanish, as a plus

Job requirements

- Graduate degree
- Clinical experience working with couples and families
- Ability to provide a minimum of 18 sessions per week
- Licensed in Illinois as AMFT, LPC, LMFT, LCPC, LCSW, PhD, PsyD
- Practical experience in at least one of the following models: Emotion Focused Therapy, Gottman Method, Internal Family Systems, Strategic or Structural Therapy

Required skills

- Ability to conceptualize cases
- Be comfortable with conflict and manage emotional escalation in sessions
- Manage full caseload including own schedule, notes and treatment plans
- Understanding of attachment and systems theory

Employee benefits

- Competitive pay with opportunity for yearly bonuses
- Flexible work schedule
- Monthly group consultation
- Supervision for provisionally licensed therapists — AMFT and LCP
- Referral Bonuses for bringing your own clients into the practice
- Your own Psychology Today Profile Page
- Newly renovated office space in Lincoln Square neighborhood
- Billing management and marketing provided
- Opportunity to create and lead workshops
- Credentialing and insurance paneling support
- Future opportunity for health insurance
- Personal support from owner for professional development

To Apply: If you are interested in joining our group, please email us at info@o2counseling.com with your resume and cover letter.

We look forward to hearing from you.