

Learn in the city. Lead in the world.

Psychology Department

Term: Fall | Issue 7 | Date: September 21, 2022

FALL SEMESTER 2022

Happy September Psychology Students!

We are back! We hope you are having a great start to the fall semester! We are just beginning the semester and we hope you take advantage of our open advising hours. Faculty are happy to help you with class selection, major advising, or general questions you might have. Remember you can stop in without making an appointment. We would also like to remind you that the COVID-19 virus continues to be a serious public health and safety issue. We strongly recommend the use of masks inside the classrooms. Let's crush the semester!



**COMEDIC
RELIEF**



"Just think of it as if you're reading a long text message."

ALUMNI HIGHLIGHT: MYKAL MERRILL, BA '17



1. What are you doing now?

I'm in the process of completing my dissertation and my post-doctoral training with a group practice. My dissertation is a phenomenological study on what adolescents consider therapeutic. In practice, I'm implementing tabletop role-playing games (RPG) in therapeutic interventions. Outside of the field I'm a father and husband and strive to maintain an effective work-life balance.

2. What are your responsibilities?

Maintaining ethics and confidentiality as well as utilizing theory and interventions to help support individuals develop self-confidence and grow into individuals who can adapt and change to the world around them. I have the privilege to continue learning and adapting support to best meet the needs of clients.

3. How did NEIU prepare you for your professional journey?

NEIU's commitment to diversity helped provide a framework that allowed for a critical analysis of the field.

4. What advice would you give to undergraduate students?

The field of psychology needs you more than you need it. Find the space that's yours, you are valuable and worthy. There will be space for you as you are and just because the field has looked one way in the past (or present) doesn't mean it needs to look like that in the future.

GET TO KNOW YOUR FACULTY: DR. MAUREEN ERBER



1. What are some of your hobbies?

I enjoy a variety of activities! Does eating count? Here are some others: gardening, reading, outdoor activities (like walking, hiking, biking), taking care of our pets (i.e., cat, dog, turtle, fish...do my sons count?), baking bread (pandemic-acquired), knitting (pandemic-influenced).

2. If you could travel anywhere, where would you go?

Wow! I'd love to return to France and Japan, and I always love to return home to Hawaii whenever we can. Right now, my dream destination is a beach house (anywhere in the world) where we could take our pets and live for a month! Remote work welcomed.

3. What is your favorite movie?

Yikes! I have too many that I like. A series I've really enjoyed (pandemic-inspired...and the first time we figured out how to get on Netflix lol) is Schitt's Creek—or perhaps this rises to the top of my list because it is the most “available” (as in availability heuristic) because it keeps popping up in my Insta feed.

4. If you could have any job, what would it be?

Hmmm, marine biologist?

5. What is the best piece of advice you have received?

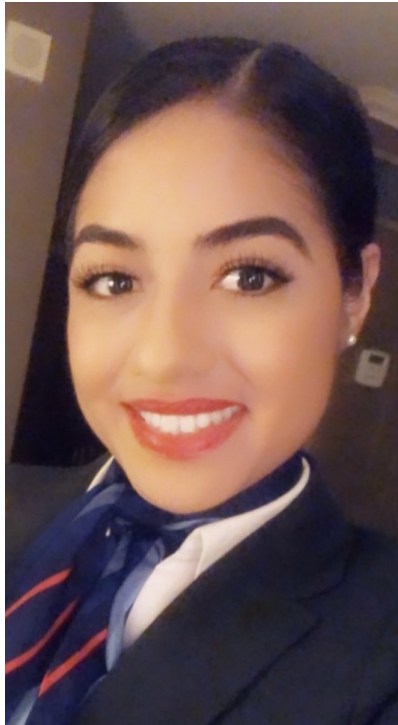
“Be your own boss” (from my Dad...he served in the Army lol). (And not throwing any shade at Dr. D-E).

PSYCHOLOGY FUN FACT:



September 9, 1890 — Kurt Lewin was born. Lewin's field theory applied the principles of Gestalt Perceptual Theory to Social, Personality, and Organizational Psychology. Lewin and his students were pioneers of Experimental Social Psychology and produced studies of cognitive dissonance, leadership, group cooperation and competition, conflict resolution, and group dynamics.

STUDENT OF THE MONTH: SANDRA PAZ SOSA, LAB MANAGER



1. What are your goals after graduation?

My main goal after graduation is to go to grad school. I want to become a Criminal Psychologist and help my Latinx community. In the meantime, I have been researching doctoral programs and universities outside the country. I love to travel and meet new people too. Why not study and travel to a new place at the same time? Fun fact: I am a former flight attendant.

2. What motivates you to work hard?

Coming from an immigrant family and being a first generation college student, my main motivation is my family. I want to make my parents proud, so they can see that all their effort and sacrifice has been worth it. I want to be the best possible example for my younger brother. I want to show him that anything is possible when you put in the effort and work hard for your dreams. Also, the fact that I have been able to accomplish more than I ever imagined motivates me to keep going every day.

3. What is your proudest accomplishment?

My proudest achievement is to be where I am now, to have come this far. Being a senior and being the new lab manager which allows me to help my fellow students is an honor. Also having maintained a consistent GPA all these years.

4. Favorite Psychology class so far and why?

My favorite Psychology class so far is PSYC-361 Social Lab. It was a hybrid class where I learned a lot about research. We applied techniques learned in Statistics and Research Methods to real research topics in social psychology. Through lectures and the lab, we collected and analyzed data. Dr. Erber is one of the best professors at Northeastern Illinois University. She was always on top of our research and guided us every step of the way. She made the whole process look so easy for me.

NEED HELP? WE GOT YOU...

SCSE Tutor Hours

Maggie Verne

Monday: 10:00am-2:00pm (In person)

3:30pm-7:00pm (Virtually)

Tuesday: 9:00am-12:30pm (In person)

4:00pm - 5:00pm (Virtually)

Wednesday: 10:00pm-3:00pm (In person)

Thursday: 3:30pm-4:30pm (In person)

Friday: 2:30pm-4:30pm (Virtually)

In person location: BBH 247

Email m-verne2@neiu.edu to set up appt.

Capstone / Lab

Assistance Hrs

Sandra Paz Sosa:

Tuesday and Thursday

11:00am-1:00pm

Location: In person (BBH 313) and zoom

WIP Tutor Hours (CAW Room)

Nicholas Koukis:

Tuesday: 3:00pm-7:00pm

Wednesday: 4:00pm-7:00pm

Friday: 2:00pm-5:00pm

Location:

Ronald Williams Library 4th floor

(773) 442-4568 or (773) 442-4492

ANNOUNCEMENTS

Save the Date

Annual Psychology Department Student Symposium

Friday, December 2, 2022

Psychology Department Research Talk

"Let's Talk About PATH: An Interpretation"

Wednesday, September 28th, 2022

3:00pm via zoom:

<https://neiu-edu.zoom.us/j/83787469973?pwd=Ynl3KzZ2N3A2UUJmUHlqQTM4dDRIUT09>

(See attached promotional flyer)

Psychology Department New Student (Major/Minor) Orientation

Thursday, October 13th, 2022

3:00pm-4:30pm

Medical Organization for Latino Advancement (MOLA) 6th Latin Health Symposium

Friday and Saturday, October 7th-8th

See the Psychology Department's Google Classroom under the heading "Opportunities at NEIU for undergraduates" for more information.

Open Advising Hours for Majors

No appointment necessary, stop in when you are available

-Mondays: 1:00-2:00pm

3:00-4:00pm

-Tuesdays: 12:30-1:30pm

-Wednesdays: 11am-12pm

1:30-2:30pm

-Thursdays: 3:00-4:00pm

6:00-7:00pm

-Fridays: 9-10am

-Saturdays: 1-2pm

Location: [zoom link](#)

<https://neiu-edu.zoom.us/j/99261869841?pwd=Qy9jNUhuRktpTU5WekxQTENRckVuZz09>



@neiu_psychology



Psychology Department's Google Classroom

Google Classroom <https://classroom.google.com> Code: [rszuvk4](#)