

*Learn in the city. Lead in the world.*

## Psychology Department

Term: Spring | Issue 6 | Date: April 28, 2022

### SPRING SEMESTER 2022

Happy April Sunshines!

I hope you are all enjoying the nice weather! We are nearing the end of the semester so we hope you know the faculty are continuing to host their weekly open office hours. Be sure to take advantage of those with any class, major, or general questions you have. These office hours end May 13. We hope you continue practicing self-care and love for yourself!



Google Meet

## COMEDIC RELIEF





## ALUMNI HIGHLIGHT: WENZEL RAHMING BA' 17 IN PSYCHOLOGY & MINOR IN HUMAN RESOURCES



### **What are you doing now?**

I am a third-year graduate student in the Clinical Psychology Ph.D. program at Oklahoma State University. My current research examines the relationship between negative life events and suicide ideation, and if optimism can help moderate that relationship in African Americans.

### **How did NEIU prepare you for your professional journey?**

NEIU has helped me to think big and finish strong, but the immense support from faculty in the Psychology Department has allowed me to strengthen my research skills significantly. Additionally, the classes at NEIU challenged me to think critically in science in building a strong foundation for success in research. I was also guided in peer mentorship with faculty support while applying for graduate programs. Dr. Rueckert always took time out her day whenever I had questions regarding graduate school and figuring out which programs were best tailored to fit my research interests.

### **What advice would you give to undergraduate students?**

I would tell current NEIU Psychology students to not give up regardless of the obstacles and feats faced while making your dreams a reality. There are going to be people that doubt you, and sometimes you are only given a small chance to succeed, but you must make the best of what you have and make every opportunity count. It is best to start early as possible; working in research labs and clinical settings to gain valuable experience. Thus, allowing your application to stand out from the rest, as applying to graduate programs can be a very competitive process; especially at the Ph.D. level, with most programs at an admittance rate of less than 12 percent.

## GET TO KNOW YOUR FACULTY: DR. ALVIN DAVID FARMER



### **1) What are some of your hobbies?**

Golf. I play on a National Amateur Tour.

### **2) If you could travel anywhere, where would you go?**

The African Continent. We have been to Ghana once. We can't wait to go back to visit again. There is so much to see.

### **3) What is your favorite movie?**

Training Day. I am a big Denzel Washington fan. Most of his movies are my favorites. The movie Fences was very good too.

### **4) If you could have any job, what would it be?**

I would still be a clinical psychologist, without the professor part. I love helping children and families become their best versions of themselves

### **5) What is the best piece of advice you have received?**

You don't have to be the smartest person in the room. You should be the hardest working person in the room.  
(My Father: Alvin David Farmer Sr.)



In **April** 1905, Alfred Binet and Theodore Simon's first intelligence test debuts! It was presented at the International Congress of Psychology in Rome. The paper was titled "New Methods for Diagnosing Idiocy, Imbecility, and Moron Status" .



## PSYCHOLOGY FUN FACT:

### STUDENT OF THE MONTH: ELISA CORONADO



#### 1. What are your goals after graduation?

My main goal after graduation is to breathe and take some time for myself. I have a plan of when I'd like to return to graduate school, Fall of 2023, but in the meantime I want to give myself a break and enjoy this time after graduating. For graduate programs, I'm exploring all my options at NEIU and other universities so I can be prepared when the time comes to apply.

#### 2. What motivates you to work hard?

My main motivation is to accomplish more than what I thought I could. I want to challenge myself to do new things, take new courses, that will allow me to think critically. I want to go further in my education and make my parents proud. They have sacrificed a lot for me to go to college and I want to let them know that we both did this together. They are my motivating piece to keep going.

#### 3. What is your proudest accomplishment?

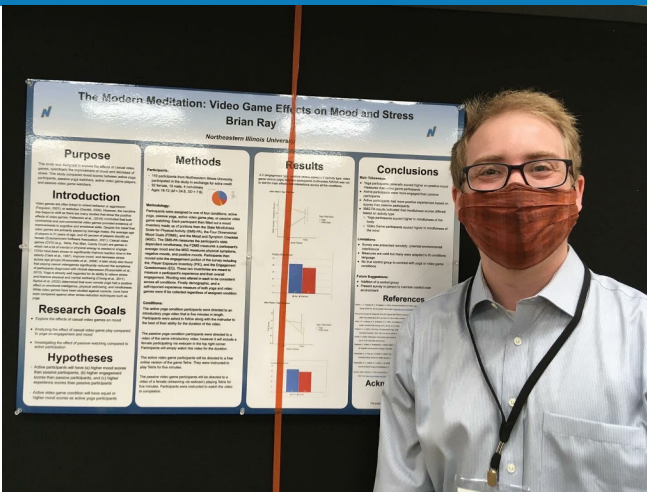
My proudest accomplishment would be my GPA. I have always been the student who strives for the best and coming into college, I wanted to continue this. I've been able to keep a consistent GPA for the last four years and it is something that I hold very dearly because it shows I've put in the time and effort to achieve it.

#### 4. Favorite Psychology class so far and why?

Even though this is my capstone course, Service Learning has really been such a life-changing experience. This class has really broadened my application of the material and I feel more confident in myself as a writer, a student, and a worker. Professor Hollis-Sawyer and Professor Silverthorn have been such amazing professors that are always available to help throughout the writing process! They give weekly feedback that has only enhanced my skills and



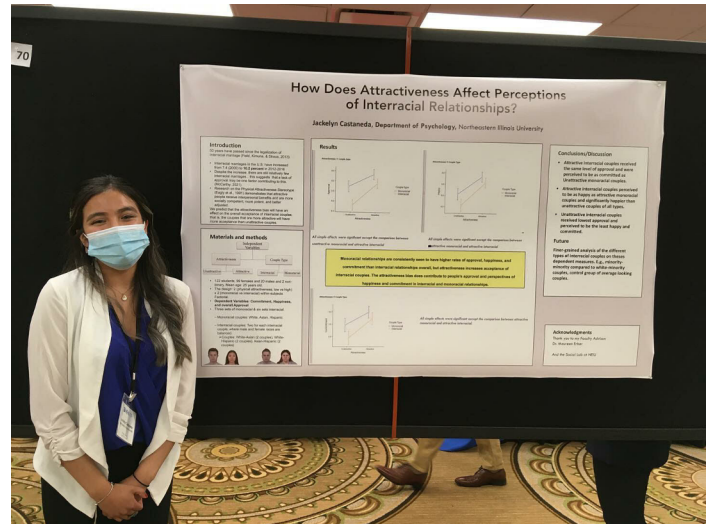
# NEIU AT MPA CONFERENCE 2022!



**Presenter: Brian Ray**

Faculty Sponsor: Dr. Dykema-Englade

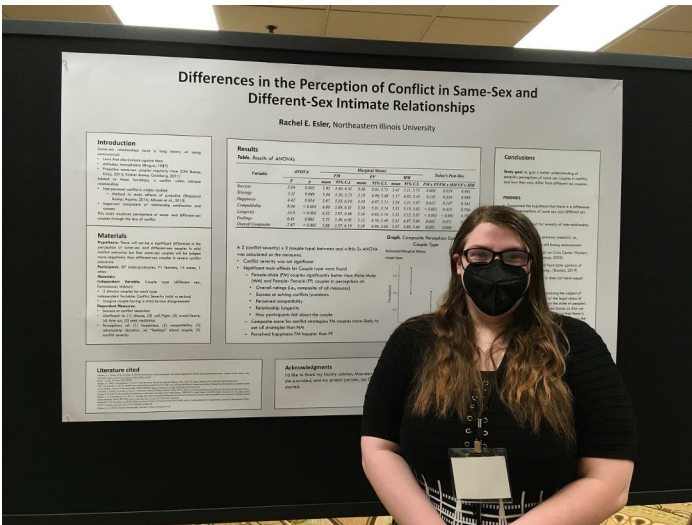
"The Modern Meditation: Video Games Effect on Mood and Stress"



**Presenter: Jackelyn Castaneda**

Faculty Sponsor: Dr. Erber

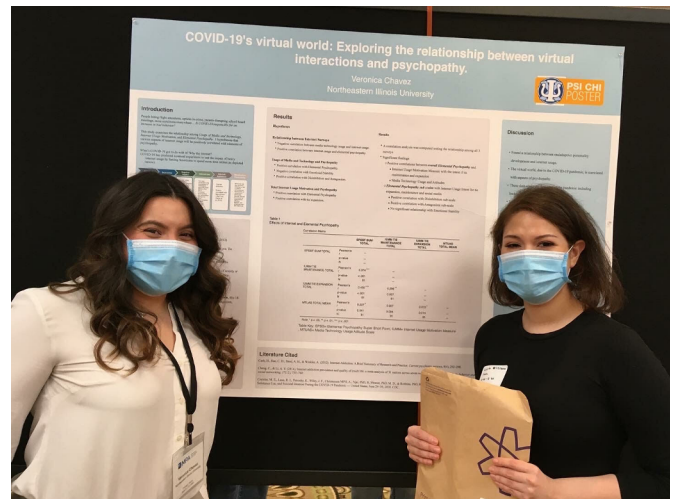
"The Impact of Attractiveness Bias on Interracial Relationships"



**Presenter: Rachel Esler**

Faculty Sponsor: Dr. Erber

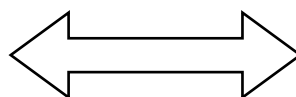
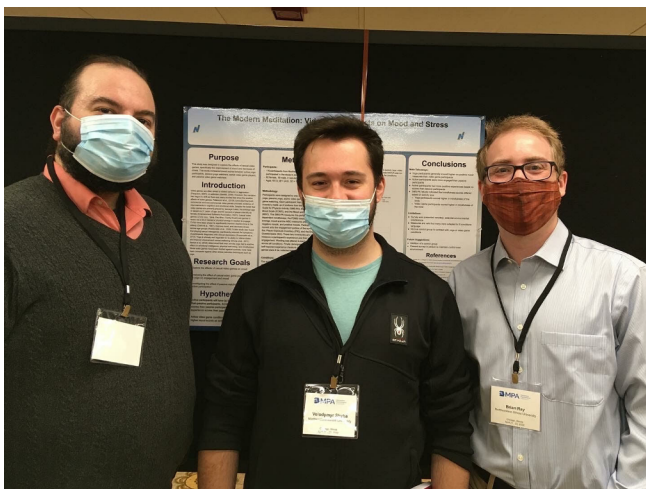
"Differences in the perception of conflict in same-sex and different-sex intimate relationships"



**Presenter: Veronica Chavez with Gisele**

Faculty Sponsor: Dr. Erber

"COVID-19's virtual world: Exploring the relationship between virtual interactions and psychopathy"



Supportive friends  
visiting presentors!



## NEED HELP? WE GOT YOU...

### SCSE Tutor Hours

Maggie Verne

Monday: 10:00am-4:30pm (Virtually)

Tuesday: 9:00am-1:00pm (In person)

Wednesday: 3:00pm-5:00pm (In person)  
7:00pm-10:00pm (Virtually)

Thursday: 1:30pm-3:00pm (In person)

Friday: 2:30pm-5:30pm (Virtually)

**In person location: BBH 247**

**Email [m-verne2@neiu.edu](mailto:m-verne2@neiu.edu) to set up appt.**

### Capstone / Lab

### Assistance Hrs

Jackelyn Castaneda:

Tuesday and Thursday  
11:00am-1:00pm

**Location: In person (BBH 313) and [zoom](#)**

### WIP Tutor Hours (CAW Room)

Samantha Macksey

Tuesday: 11am-2pm

Thursday: 2pm-5pm

Friday: 1pm-4pm

## ANNOUNCEMENTS

### **Congratulations Graduates!!**

### NEIU Spring Graduation

Friday, May 13, 2022

### **Save the Date**

### NEIU University Symposium

Friday, May 6, 2022

### Open Advising Hours for Majors

*\*No appointment necessary, stop in when you are available\**

-Mondays - 3:30pm-4:30pm

- Tuesdays - 1:30pm-2:30pm  
2:00pm-3:00pm

-Wednesdays - 11:00am-12:00pm  
1:30pm-2:30pm

- Thursdays - 1:00pm-2:00pm  
3:00pm-4:00pm

- Fridays - 9:00am-10:00am

- Saturdays - 5 pm- 6 pm

Location: [zoom link](#) --->

<https://neiu-edu.zoom.us/j/99261869841?pwd=Qy9jNUhuRktpTU5WekxQTENRckVuZz09>