**2.5-inch Margin**

Name

**1-inch Margin**

**Right Align.**

Depth Area

Graduation

Narrative Transcript

**Left Align.**

**I. Review Board Evaluators:**

Lance Williams, Ph.D. Assistant Director of CCICS and Professor ICSE Jacob H. Carruthers Center for Inner City Studies, NEIU, Academic Advisor

**12 Pt. Font**

Thelma M. Myers, B.A., ICSE, Retired Associate Director, Upward Bound Programs, Community Advisor

Sokoni Karanja, Ph.D., Founder/President & CEO Centers for New Horizons, Outside Evaluator

**Single Space**

Anderson Thompson, Ph.D., Emeritus, NEIU-CCICS, Faculty Evaluator

Conrad Worrill, Ph.D., Director of CCICS NEIU, Faculty Evaluator

Timothy Barnett, Ph.D., Associate Professor, English and Women's/Gender Studies, Graduate Advisor, MA in English Composition, UWW Faculty Advisor, NEIU

Dr. Kimberly Sanborn, Ph.D., Director, Nontraditional Degree Programs, NEIU

**Add Single Space**

**II. Formal College Work Completed:**

Earned Associates degree and 38 credit hours at Spoon River Community College

Participated in NEIU’S University Without Walls Program for six semesters, 11/2004-8/2007. Resumed studies with Northeastern Illinois University 5/2012-12/2012.

1. **Learning Contract identified depth area as Horticultural Botany. New learning goals were as followed:**

A. To increase knowledge about services available for low-income women and children

B. To work with collaborative partners and collaborative stake holders to inform families about resources available such as rent assistance and other programs

C. To volunteer with PRIME program in Macomb, Illinois during summer months

1. **Competencies acquired in the depth area:**

A. Received resources for my daughter while learning about various types of services available for children with disabilities

B. Learned differences between abuse and addiction, and about the psychological and social dynamics of addiction

C. Developed an understanding of how girls use psychological abuse and cliques to bully and Isolate girls

D. Expanded knowledge about program sustainability and how to write measurable outcomes

E. Acquired knowledge about how African Americans and Hispanics use various methods to lose weight such as laxatives

F. Facilitated alcohol, tobacco and other drug prevention workshops at community events

G. Recruited and employed youth that lived in the Ida B. Wells and Greater Bronzeville Community

H. Trained teen youths on how to develop resumes, develop marketable skills and improve employment retention during summer program

I. Gained insight about eating disorders amongst African American girls

J. Learned about how girls use bullying as psychological violence against one another

K. Learned about various activities that the Mayor's Office of Workforce Development used to improve the social and academic development of my daughter through positive communication between mother and daughter

L. Received technical assistance on how to leverage and sustain new social service/grass roots programs

M. Utilized suggestions and statistics on how to reach at-risk youth, and the challenges they face

N. Further increased my knowledge about suicidal threats seriously and to seek help immediately

O. Learned that gender specific services are lacking for girls, who need specific information that address their particular needs

P. Increased knowledge about how young female teens are at risk to engage in prostitution or illegal activities

Q. Worked with 15 youth and one summer supervisor under the Mayor’s Office of Workforce Development

R. Assisted with resume development and planning of summer activities with Centers for New Horizons After-School II Program

S. Acquired basic knowledge and received materials on how to be my child’s advocate and learned what to do in the event my child is questioned by the justice system personnel

T. Learned Best Practices and strategies for community coalition building and program planning

U. Given model/proven methods on how to start grass root organizations by working closely with grass-root organization

V. Taught strategies on how to address local vendors, the media and alcohol and tobacco businesses that cater to youth

W. Learned about Respite Care Services and how grandparents are raising their grandchildren due to death, addiction or incarceration of a child’s parents

X Shared strategies on how to use alternative discipline methods in the public schools and how to better work with teachers

Y. Learned about various activities through the Mayor's Office of Workforce Development, that would help improve the social and academic development of my daughter

AA. Participated in community organizing meetings with Peer Parent Education Network

BB. Attended Strengthening Families Alternative Discipline Strategies workshop and facilitated parenting groups

CC. Learned various alternative strategies when dealing with children with discipline issues

DD. Assisted Youth with group activities such as community organizing and opportunities to volunteer

EE. Attended workshops that focus on youth and ways to better assistant and meet their needs

FF. Participated in an 8-week Bodyworks program that encouraged families to prepare healthy meals together

GG. Facilitated 16-week Go-Girls-Go healthy self-esteem and image workshops

HH. Learned about the history of the Bronzeville Community and the influx of southern families looking for opportunities

II. Attended book club sessions that discussed the Destruction of the Black Civilization

JJ. Natural Science; Increased my knowledge of the natural environment and how to sustain it

KK. Participate in ongoing community organizing and skill building with the Peer Parent Education Network parent groups

LL. Attended parent workshops on healthy eating for moms and daughters at Young Women’s Leadership Charter

MM. Participated in Peer Parent Organizing /community advisement workshops and shared findings with residents

NN. Attended an Egyptian Gallery Tour exhibit of ancient foods that were preserved in the tombs of the Pharaoh’s

OO. Facilitated Strengthening Multi-Ethnic Families workshops at Mollison Elementary School

PP. Attended workshops at Chicago Public Schools on how to provide resources for Hurricane Katrina victims

QQ. Attended a Mesopotamian Gallery tour and Learned about the diet and attitudes of Middle Eastern nobles

RR. Enhanced knowledge of the American Government and met the constitutional requirements

SS. Learned about the causes of racism and discrimination and how this impact our global society

TT. Gained methods on how to reach Generation X and learned neurology on how the brain is affected by drugs

UU. Chaperoned students on a field trip to see the Alvin Ailey Dance Troupe

VV. Attended a symposium at Mercy Hospital that focused on taking care of the heart and stroke prevention awareness

YY. Learned about issues facing inner city residents and how poverty increases the likelihood of crime

ZZ. Studied the politics, economics and social structure of the inner city

AAA. Learned about the types of services available for children with disabilities with an individual education plan

BBB. Learned differences between abuse of drugs and being addicted and its social dynamics

CCC. Learned the terminology and skills needed in order to consult with outside organizations

DDD. Gained knowledge and strategies on developed an understanding on how to facilitate parenting workshops

EEE. Obtained a better understanding of how African American women are in greater need of mental health services due to social dynamics and lack of resources.

**V. Effective Communication**

A. Developed and enhanced writing via essays and PowerPoint presentations

B. Wrote several in-kind and monetary grants that exposed youth to African dance and the arts

C. Assisted my daughter with writing and developing an essay about Ella Fitzgerald (she won a scholarship)

D. Wrote a ten-page report on how troubled youth in crisis can cope with the help of a counselor, supportive friends and prayer

E. Wrote essay and nominated my former co-worker and Storyteller for the Susan Berkowitz Award. He received an honorable mention

F. Wrote essay and nominated by former Math Teacher (she won the Truman Outstanding Teaching Award)

G. Wrote an essay and nominated my current co-worker for the College of Arts and Sciences Civil Service award

H. Developed my writing skills and public speaking skills thru essay development and sharing information in workshops and class

**VI. Behavioral/Social Sciences**

A. Obtained a better understanding of the Legal justice system prosecute crimes committed by people, gangs and organizations

B. Increased knowledge of natural landscapes, weather pattern and atmospheric pressure (Geology 101)

C. Learned about spirituality and world religions and how people adhere or practice their faith (Theocratic Ministry School)

**VII. Humanities:**

A. Participated and attended meetings at the Kingdom Jehovah’s Witnesses that focused on effective public speaking and brief presentations

B. Partnered with Kids Café, Greater Food Depository and wrote several in-kind grants that provided nutritious meals for after-school program participants.

C. Learned about life span development and various theories noted by Freud and others physicians

**VIII. Fine Arts:**

A. Became a member of the Beverly Art Center to enhance knowledge of art in the

Community

B. Learned to play the piano and read sheet music in Piano I. class on Wednesdays at

 the Beverly Arts Center to teach about music appreciation

C. Joined the Kindred Spirits Book Club at the Evergreen Park Public Library and actively

discussed “Their Eyes Were Watching God” by Zora Neale Hurston

D. Refined my love of literature by studying the writings of Shakespeare at the Evergreen

Park Library

E. Cultivated a love of Emily Dickinson poetry to share with the children at my day care

**VIII. Interim Learning:**

A. Learned about various drugs and their impact upon society and potency of scheduled drugs (Drugs & Addiction)

B. Required to develop essays and give four presentations during the semester (Com 103)

C. Developed further understanding of how to write persuasive essays using MLA style (English 101/Composition)

D. Learned about cultural norms and what is considered socially unacceptable (Philosophy/Ethics)

E. Enhanced understanding about how humans impact the environment with pollution, corruption and greed Increased knowledge of the cells and how the function (Natural Science)

F. Learned about larceny, burglary, assault, and how police investigate crimes and differences between crimes of theft (Social Science)

G. Taught how to effectively solve probability, statistics and analytical math problems (Math 102)