



Dee's Catering Service

		WEEKS 1-4			
		Toddler			
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LUNCH	JULY, AUGUST, SEPTEMBER	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
WEEK ONE July 5 th - July 9 th August 2 nd - 6 th Aug. 30 th - Sep. 3 rd Sept. 27 th - Oct. 1 st	MONDAY Chicken Fingers 1 oz Cauliflower 1/8 c Cooked Carrots 1/8 c Pineapple 1 oz Milk 4 oz	TUESDAY Tuna Salad 2 oz Green Beans 1/8 c Broccoli 1/8c Saltine 1pk Apple 1oz MILK 4 oz	WEDNESDAY Cheese Burger 2oz Potato Salad 1/8 c Baked Beans 1/8 c Bun 1 Peaches 1oz MILK 4 oz	THURSDAY Chicken Taco 1 oz Corn 1/8 c Shredded lettuce / cheese 1/8 c Flour Tortilla 1 Oranges 1 oz MILK 4 oz	FRIDAY Mac & Cheese w/ Turkey ham 3 oz Carrots 1/8 c Sweet Peas 1/8 c Wheat Bread ½ Mixed Fruit 1 oz MILK 4 oz
WEEK TWO July 12 th - 16 th August 9 th - 13 th Sept. 6 th - 10 th	MONDAY BBQ Chicken 1 oz Vegetable Pasta Salad 1/8c Creamed Corn 1/8c Wheat bread ½ Pears 1 oz MILK 4 oz	TUESDAY Turkey Meatballs/ Marinara 1oz Spinach 1/8c Carrots 1/8 c Biscuit ½ Applesauce 1oz MILK 4 oz	WEDNESDAY Chicken Eggroll 2oz Green Beans 1/8 c Steamed Cabbage 1/8 c White Wheat Bread ½ Peaches 1oz MILK 4 oz	THURSDAY Rigatoni 1 oz Meatsauce 1 oz Broccoli 1/8 c Cauliflower 1/8 c Orange 1 oz MILK 4 oz	FRIDAY Make a Sandwich: Sliced Turkey Ham/ cheese (cold) 1oz Wheat Bread ½ Peas 1/8 c Creamed Corn 1/8c Apple 4 oz MILK 4 oz
WEEK THREE July 19 th - 23 rd August 16 th - 20 th Sept. 13 th - 17 th	MONDAY Baked chicken Fingers 1 oz Carrots 1/8c Green Beans 1/8 c Wheat bread ½ Pineapple 1 oz MILK 4 oz	TUESDAY Macaroni & Cheese 3oz Broccoli 1/8c Three Bean Salad 1/8 c Peaches 1oz MILK 4 oz	WEDNESDAY Chicken Salad 2/3 oz Sweet Peas 1/8 c Cauliflower 1/8 c Saltine 1 pk Apples 1oz MILK 4 oz	THURSDAY Cheese & Bean Burrito 1.5/2 oz Carrots 1/8 c Corn 1/8 oz Mandarin Orange 1oz MILK 4 oz	FRIDAY Sloppy Joe w/Bun 1 oz French Fries 1/8 c Peas 1/8 c Watermelon 1 oz MILK 4 oz
WEEK FOUR July 26 th - 30 rd August 23 rd - 27 th Sept. 20 th - 24 th 4,6,8 OZ MILK SERVED AS APPROPRIATE	MONDAY Seasoned Herb Chicken 1oz Peas 1/8 c Diced Carrots 1/8c Rice ½ serving Applesauce 1 oz MILK 4 oz	TUESDAY Fiesta Taco 1oz Shredded lettuce & cheese 1/8c Broccoli 1/8 c Mandarin Orange 1 oz Flour Tortilla 1 MILK 6/8 oz	WEDNESDAY BBQ Beef Patties 1oz Three Bean Salad 1/8 c French Fries 1/8 c Wheat Bread ½ Pineapple Chunks 1 oz MILK 4 oz	THURSDAY Baked chicken nuggets 1oz Vegetable Pasta Salad 1/8c Green Beans 1/8 c Wheat Bread ½ Peaches 1oz MILK 4 oz	FRIDAY Macaroni & cheese 3 oz Steamed Cabbage 1/8 c Peas 1/8 c Tropical fruit 1 oz MILK 4 oz



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		PRE-SCHOOL & SCHOOLAGE			WEEKS 1-4	
LUNCH	JULY, AUGUST, SEPTEMBER	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
WEEK ONE July 5 th - July 9 th August 2 nd - 6 th Aug. 30 th - Sep. 3 rd Sept. 27 th - Oct. 1 st		Chicken Fingers 1.5/2 oz Cauliflower ¼ c - 1/2 c Baby Carrots (cold) ¼ c - 1/2 c Pineapple 4 oz 1% Milk 6/8 oz	Tuna Salad 2/3 oz Green Beans ¼ c - ½ c Broccoli ¼ c ½ c Saltine 1pk Apple 4oz 1% MILK 6/8 oz	Cheese Burger 2oz Potato Salad ¼ c - ½ c Baked Beans ¼ c - ½ c Bun 1 Peaches 4oz 1% MILK 6/8 oz	Chicken Taco 1.5/2 oz Corn ¼ c - ½ c Shredded lettuce / cheese ¼ - ½ c Flour Tortilla 1 Oranges 4 oz 1% MILK 6/8 oz	Mac & Cheese w/ Turkey ham 4/6 oz Carrots ¼ c - ½ c Sweet Peas ¼ c - ½ c Wheat Bread ½ - 1 Mixed Fruit 4 oz 1% MILK 6/8 oz
WEEK TWO July 12 th - 16 th August 9 th - 13 th Sept. 6 th - 10 th		BBQ Chicken 1.5/2 oz Vegetable Pasta Salad ¼ c - ½ c Corn ¼ c - ½ c Wheat bread ½ - 1 Pears 4 oz 1% MILK 6/8 oz	Turkey Meatballs/ Marinara 1.5/2 oz Spinach Salad ¼ c - ½ c Carrots ¼ c - ½ c Biscuit ½ - 1 Applesauce 4oz 1% MILK 6/8 oz	Chicken Eggroll 2oz Green Beans ¼ c - ½ c Coleslaw ¼ c - ½ c White Wheat Bread 1/2/1 Peaches 4oz 1% MILK 6/8 oz	Rigatoni 2 oz Meatsauce: 1.5/2 oz Green Salad ¼ c - ½ c Cauliflower ¼ c - ½ c Orange 4 oz 1% MILK 6/8 oz	Make a Sandwich: Sliced Turkey Ham/ cheese (cold) 1.5/2oz Wheat Bread ½ / 1 Peas ¼ c - ½ c Corn ¼ c - ½ Apple 4 oz 1% MILK 6/8 oz
WEEK THREE July 19 th - 23 rd August 16 th - 20 th Sept. 13 th - 17 th		Baked chicken Fingers 1.5/2 oz Pickle Wedge ¼ c - ½ c Green Beans ¼ c - ½ c Wheat bread ½ - 1 Pineapple 4 oz 1% MILK 6/8 oz	Macaroni & Cheese 4/6 oz Broccoli ¼ c ½ c Three Bean Salad ¼ c - ½ c Peaches 4 oz 1% MILK 6/8 oz	Chicken Salad 2/3 oz Sweet Peas ¼ c ½ c Cauliflower ¼ c ½ c Saltine 1pk Apples 4 oz 1% MILK 6/8 oz	Cheese & Bean Burrito 1.5/2 oz Baby Carrots ¼ c - ½ c Corn 2/4 oz Mandarin Orange 4oz 1% MILK 6/8 oz	Sloppy Joe w/Bun 1.5/2 oz French Fries 2/4 oz Tossed Salad 2/4 oz Watermelon 4/6 oz 1% MILK 6/8 oz
WEEK FOUR July 26 th - 30 rd August 23 rd - 27 th Sept. 20 th - 24 th 4,6,8 OZ MILK SERVED AS APPROPRIATE		Seasoned Herb Chicken 1.5oz - 2oz Peas ¼ c - ½ c Baby Carrots (cold) ¼ c - ½ c Rice ½ serving Applesauce 4 oz 1% MILK 6/8 oz	Fiesta Taco 1.5/2oz Shredded lettuce & cheese ¼ c - ½ c Broccoli ¼ c - ½ c Mandarin Orange 4 oz Flour Tortilla 1 1% MILK 6/8 oz	BBQ Beef Patties 1.5/2oz Tossed Salad ¼ c - ½ c French Fries ¼ c - ½ c Wheat Bread ½ - 1 Pineapple Chunks 4 oz 1% MILK 6/8 oz	Baked chicken nuggets 1.5/2oz Vegetable Pasta Salad ¼ c - ½ c Green Beans ¼ c - ½ c Wheat Bread ½ - 1 Peaches 4oz 1% MILK 6/8 oz	Macaroni & cheese 4/6 oz Coleslaw ¼ c - ½ c Peas ¼ c - ½ c Tropical fruit 4 oz 1% MILK 6/8 oz