

**Professional Development Workshop
Focusing on Youth and Young Adults**

Advanced Motivational Interviewing

Motivational Interviewing (MI) helps students decide to change behaviors that are harmful to themselves and others. It is effective when working with individuals with addictions, corrections, chronic physical or mental health conditions and behavior issues. MI is an evidence-based behavior change approach that is most useful to school counselors, administrators, teachers and security personnel.

This workshop is for individuals with prior skill training in MI from schools, social services or health institutions. In this workshop we will augment skills previously addressed and emphasize others including:

- **Open-ended questions, affirmation, and summaries skill development**
- **Accurate empathic reflection and practice, rolling with resistance, eliciting "change talk"**
- **Review of the common pitfalls**
- **Preparation for taping MITI Coding ratings and production of training video**

Since 2005, the Chicago Teachers' Center has worked with schools in restorative discipline practices that use M.I., along with adventure education, as an alternative to "in-school suspension".

Facilitated by Richard Rutschman, Ed.D.
Motivational Interviewing Network of Trainers



Advanced Motivational Interviewing

Tuesday April 19, 2011 9-4 p.m.

Location:

Chicago Teachers' Center
770 N. Halsted, Suite 420
Chicago, IL 60642
(entrance on Chicago Avenue)

Cost:

\$300 per person or free to individuals from NEIU/CTC partner schools or organizations. Includes 6 CPDUs. Group rates are available.

Registration:

Fax form to (312) 563-7210

Email your RSVP with registration to R-Rutschman@neiu.edu or

Mail registration before April 12, 2010.

For more information or for additional training dates, call Richard Rutschman at (312) 563-7156

Registration for MI Advanced – April 19, 2011

Name: _____

Title/Role: _____ Email: _____

School/Organization: _____ Phone: _____

Address: _____