

“Reflective Professionals Building Learning Communities”

COURSE TITLE

Counseling 475 Internship II: Group Supervision in Couple and Family Counseling

INSTRUCTOR INFORMATION

name  
office  
phone number  
email

COURSE DESCRIPTION

This course is a continuation of COUN 465 and further involves the intern in the implementation of the role of the family counselor in a approved internship placement. Interns will be working under the supervision of a site supervisor and a counselor education staff person. The course will require the intern to complete 300 hours of field related activities, including participation in an on-campus seminar every other week. 3credits.

PREREQUISITES

COUN 465, Internship I: Couple and Family Counseling

RECOMMENDED TEXTBOOKS

Kotter, J., Sexton, T., & Whiston, S. (1994). *The heart of healing*. Jossey-Bass.

INSTRUCTIONAL MODE

Experiential, lecture, discussion, video, case consultation and supervision

COURSE OBJECTIVES

The objectives of this course are to

1. to provide students with a supervised clinical experience in couple and family counseling;
2. increase student’s clinical skills; and
3. increase students’ awareness of countertransference.

### Field Experience Requirements

1. Three hundred hours of documented field related activities will be selected from, but not restricted to, those areas listed under Field Activities;
2. A minimum of 125 hours of field activities will involve direct service to clients in the areas of individual, group, couple, marital, and family counseling, of which a minimum of fifteen hours of group counseling is required; and minimum of 175 hours of indirect service to clients is required of each intern at the site.
3. The intern will engage in a supervisory session with the on- site supervisor for at least one hour per week and be available for at least one on-site supervisory session with the assigned counselor education staff member.

### Field Activities (all activities from Internship I are included)

1. involvement with community, business, and government representatives as they relate to program activities and goals;
2. providing direct service to clients through systemic, couples, family, group and individual counseling;
3. working with other members of the treatment staff, including psychiatrists and outside mental health support services to assist in achieving individual client and program goals;
4. acquiring additional specific knowledge pertaining to the special issue of clients served at the site;
5. assigning, implementing, and interpreting evaluation efforts pertaining to individual and program success;
6. providing information and making recommendations regarding research findings that relate to client development and program issues;
7. recognizing field research opportunities and assisting colleagues in the design and execution of action-oriented research studies pertinent to the site;
8. participating in on-site or professionally related workshops or in-service training to improve professional skill development;
9. working closely with the university and on-site supervisor to identify areas of personal and professional growth; and
10. reviewing audio and video taped samples of the intern's interactions with clients under the supervision of the university supervisor.

### On-Campus Requirements

1. The intern will participate in supervisory sessions with the assigned counselor education faculty member every other week. The sessions will involve a review of activities, including those constituting direct service of students. At least four individual/group counseling tapes will be submitted for critiquing during the semester. Additional tapes will be required as needed;

2. The intern will participate in a seminar session every other week. Seminar sessions will focus on case presentations, tape critiques, and the acquisition of information skills relevant to environmental concerns. Working in small groups, interns will prepare and present a workshop on a topic related to their course of study. Suggested topics may include, but not be limited to, issues of sexuality, Gay and lesbian counseling, counseling and Psychopharmacology, relations with cooperating mental health professionals, AIDS counseling, cults and counseling, geriatric counseling, stress and counselor burn-out; and
3. The intern will prepare a written case presentation including a genogram.

### REQUIRED PROJECTS/ACTIVITIES

1. Written case study
2. Presentation of 4 audio/video tapes
3. Attend supervision sessions with university supervisor

### ASSESSMENT OF LEARNING

The following chart indicates the relationship of the learning/performance objectives of this course, the standards of the Department of Counselor Education (DCE), the College of Education (COE), CACREP, and the means by which learning is assessed.

<b>COUN 465 Course Objectives</b>	<b>DCE Objectives</b>	<b>COE Objectives</b>	<b>CACREP Stanards</b>	<b>Means of Assessment</b>
Supervision	2e.under university and site supervision, complete post practicum internship which demonstrates readiness for professional counseling role	professional development	D.clinical instruction	supervision sessions
clinical skills	2e.under university and site supervision, complete post practicum internship which demonstrates readiness for professional counseling role	professional development	D.clinical instruction II K 2c II K 5 a,b,c,d,e,f,g II K 7 f II 1 h	case study
countertransference	2e.under university and site supervision, complete post practicum internship which demonstrates readiness for professional counseling role	professional development	D. clinical instruction	audio/video tapes supervision sessions

## GRADING POLICY

Grades will be determined by

1. attendance on-site and attendance and participation at university seminars;
2. evidence of improvement of skills as shown on audio tapes;
3. Counseling log;
4. Counseling session summary sheets;
5. evaluation of on-site supervisors; and
6. demonstration of qualities and attitudes listed in the evaluation section of this syllabus.

Final evaluations of the intern's progress and proficiency will be conducted by campus supervisors in conjunction with site supervisors. A grade of "A" or "B" is required. Credit earned at "C" level or below cannot be applied for programmatic credit.

## INFORMED CONSENT

In compliance with the American Counseling Association's Code of Ethics regarding counselor training, and because the Department of Counselor Education at Northeastern Illinois University is a clinical training program as well as a graduate degree program, admission to this department indicates that an admitted student agrees to self-disclosure of personal information in papers, journals, discussions and other assignments for the purposes of self-reflection and awareness and improvement of interpersonal skills.

## EVALUATION

The interpersonal and professional behavior of students will be evaluated in counseling and supervisory sessions and seminars. Students are expected to

1. be self initiating;
2. be introspective, open, and receptive to feedback;
3. be flexible in making appropriate changes in response to feedback;
4. be aware of and demonstrate behavior consistent with the ethical standards of ACA, IAMFC, and IAMFT, and of a caliber necessary to maintain effective professional relationships;
5. demonstrate the ability to integrate and put into practice concepts and skills relevant to required role behaviors;
6. maintain acceptable written records and reports of professional activities as required by the campus and site supervisors; and
7. being able to articulate and demonstrate, both a systemic and a linear model of counseling.

## ATTENDANCE POLICY

Students are expected to attend all class sessions. For additional information, please see the University Catalogue.

## STUDENT ACCOMMODATIONS

In accordance with the Americans with Disabilities Act of 1990, Northeastern Illinois University does not discriminate against employees or students on the basis of disability. In addition, the university provides reasonable accommodations for both employees and students with disability. Students seeking reasonable accommodations in the classroom should contact the Accessibility Center/HELP, A-118 (phone 773/442-5495, 5496, or 5497; TDD 773/442-5499). The University Policy on Services for Students with Disabilities may be found at: <http://www.neiu.edu/%7EDeanSt/survival/disabilities.pdf>. Students should feel free to meet with the instructor, in confidence, at any time to discuss any reasonable accommodations or removal of barriers that may hinder full inclusion and participation in the course and their learning experience.

COURSE SCHEDULE

The required texts, and the assigned readings will be integrated into the course structure. The student is responsible for the content.

Week 1	Introduction and Integration from Practicum
Week 2	Individual Supervision
Week 3	Case Presentations Each student will present one case during the semester
Week 4	Individual Supervision
Week 5	Case Presentations
Week 6	Individual Supervision
Week 7	Case Presentations
Week 8	Individual Supervision
Week 9	Case Presentations/ Group Workshops
Week 10	Individual Supervision
Week 11	Group Workshops
Week 12	Individual Supervision
Week 13	Group Workshops
Week 14	Individual Supervision
Week 15	Group Workshops/ Wrap-up

## BIBLIOGRAPHY

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**Week 8** **Week 9**

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**Week 10** **Week 11**

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**Week 12** **Week 13**

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**Week 14** **Week 15**

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